

World's First 100 Cases of HIV Cure with Stem Cells Stimulated by Fortified Mangosteen Extract

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ABSTRACT

We previously reported 80 cases of HIV-infected individuals who achieved undetectable viral loads following consumption of the ByeByeHIV formula, which contains Fortified Mangosteen Extract derived from mangosteen, sesame, soy, guava, and *Centella asiatica* extracts.

In this report, we present an additional 20 cases, bringing the total to 100, along with a deeper understanding that the efficacy of HIV elimination results from the action of stem cells stimulated by the formula, which further differentiate into CD4 (Th1 and Th17) and CD8 (killer T cells) in large numbers.

Of the 100 cases, 54 involved individuals who used only the ByeByeHIV formula, with the longest duration of maintaining the state of ByeByeHIV (undetectable viral load with healthy living) exceeding 10 years, making this individual the first reported case of being HIV-free. The remaining 46 cases involved individuals who had previously used antiretroviral drugs and were able to achieve ByeByeHIV with the use of the ByeByeHIV formula, with the longest period of undetectable viral load being nearly 5 years after discontinuation of antiretroviral drugs.

All ByeByeHIV subjects have remained in normal health, and the remarkable outcomes in both groups are described in detail. The improved health is presumed to result from telomere elongation induced by the formula. To our knowledge, this Fortified Mangosteen Extract represents the world's first innovation for a cure that achieves HIV eradication without any side effects but with additional health benefits of anti-aging and age-reversal.

Keywords

HIV, AIDS, Antiretroviral (ARV) side effects, ByeByeHIV, CD4, CD8, Fortified Mangosteen Extract, HIV cure, HIV eradication, HIV-free, Killer T cells, Plant-based immunotherapy, Stem cells, Telomere elongation, Th1, Th17.

Introduction

ByeByeHIV is defined as a condition in which individuals infected with HIV/AIDS can reduce their viral load to undetectable levels without the use of antiretroviral drugs and enjoy healthy living.

It also refers to a condition in which HIV-infected individuals who have been treated with antiretroviral drugs but can no longer tolerate their side effects are able to discontinue the drugs and maintain a healthy life with undetectable HIV [1]. The condition of ByeByeHIV is made possible through the use of the ByeByeHIV formula, which contains Fortified Mangosteen Extract derived from mangosteen, sesame, soy, guava, and *Centella asiatica* extracts.

It has been proven effective in stimulating Th1 and Th17 cells,

boosting the potency of killer T cells to eliminate HIV-infected cells. It has also been shown to repair telomere damage caused by HIV infection and telomere shortening induced by the side effects of antiretroviral drugs [1]. The ByeByeHIV formula has been registered with the Thai FDA as a dietary supplement under the name BIM V, LIV, Mylife, and NOVIR [2,3].

In the article “*ByeByeHIV with Thai Innovation*” [1], published on February 25, 2024, we reported the success of using the ByeByeHIV innovation, a plant-based immunotherapy, to achieve undetectable HIV levels and restore normal health. This ByeByeHIV success was observed in two groups: the first group comprised 24 HIV-infected individuals who had never used antiretroviral drugs (Group A), and the second group included 26 HIV-infected individuals who had previously been treated with antiretroviral drugs (Group B).

In the articles “*ByeByeHIV with Plant-Based Immunotherapy: Progress Update on 40 Cases without the Use of ARV Drugs (Group A)*” [2], published on February 25, 2025, and “*ByeByeHIV with Plant-Based Immunotherapy: Progress Update on 40 Cases with Prior Use of ARV Drugs (Group B)*” [3], published on April 3, 2025, we reported that, as of December 2024, the number of successful ByeByeHIV cases had increased to 40 individuals in Group A and to 40 individuals in Group B.

Objective

The objective of this article is to provide a progress update on the conditions of the volunteers in two groups:

(1) Group A, comprising 54 individuals who opted not to use

antiretroviral drugs and were given the ByeByeHIV formula.

(2) Group B, comprising 46 individuals who had been taking antiretroviral drugs to reduce their viral load or keep it undetectable but who experienced undesirable side effects, and who gradually replaced their reliance on antiretroviral therapy with the ByeByeHIV immunotherapy.

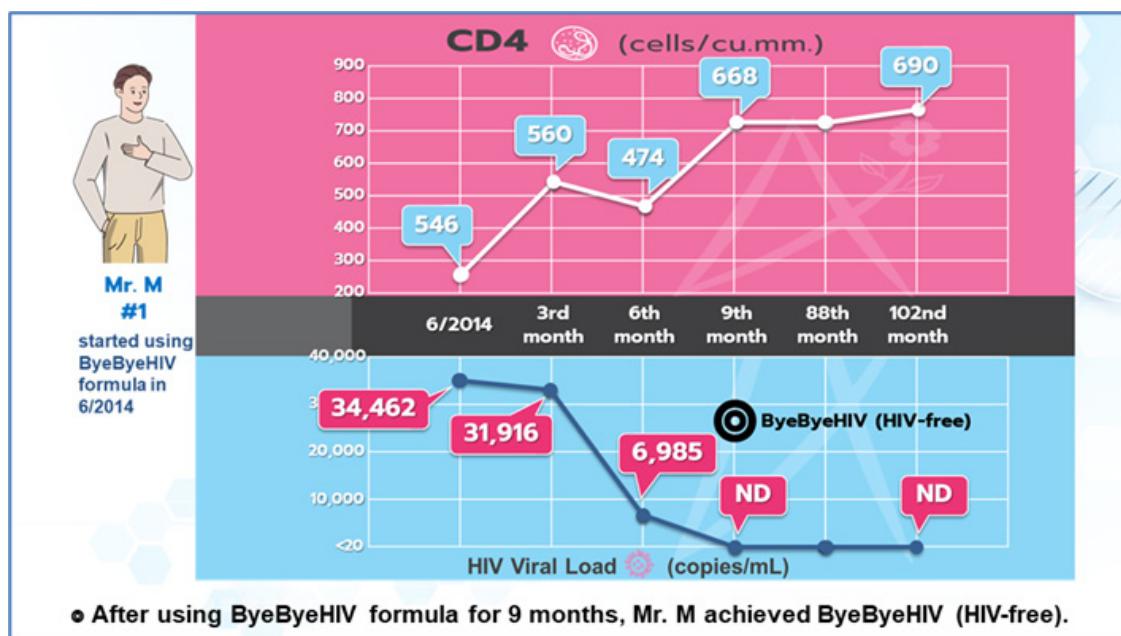
Results

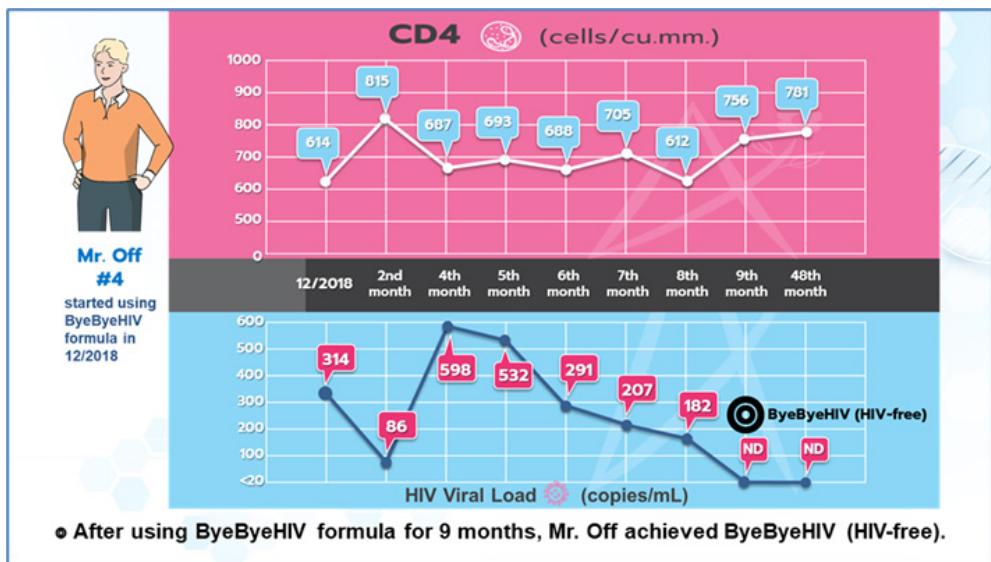
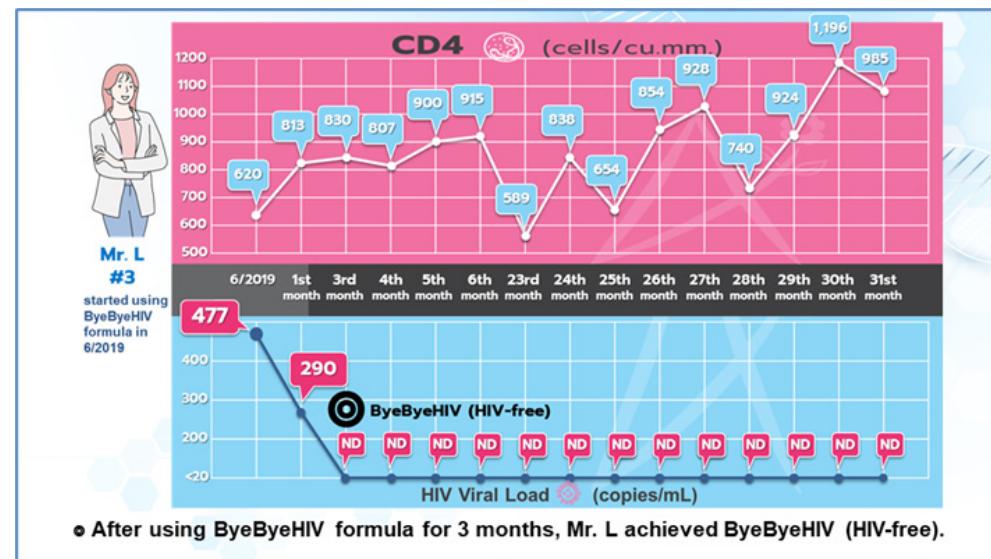
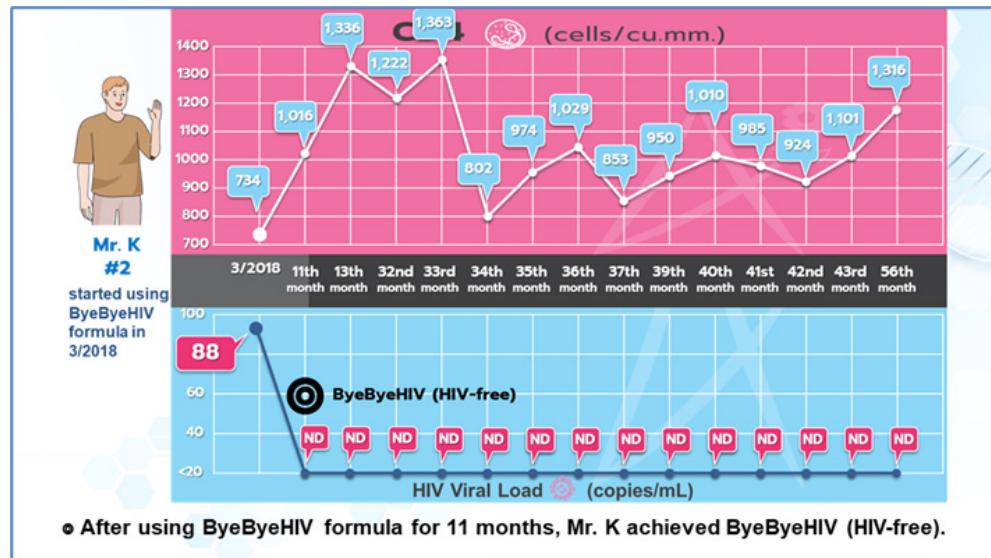
ByeByeHIV in Group A

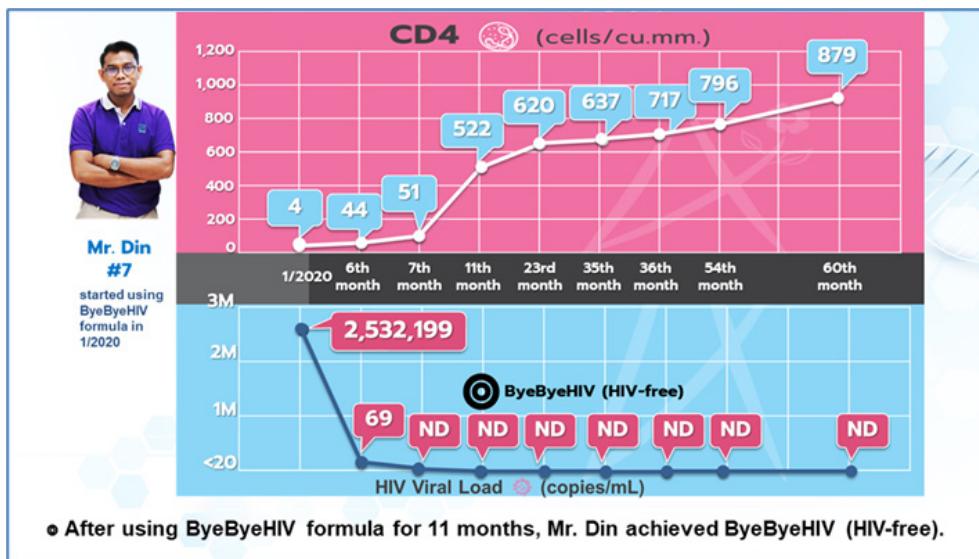
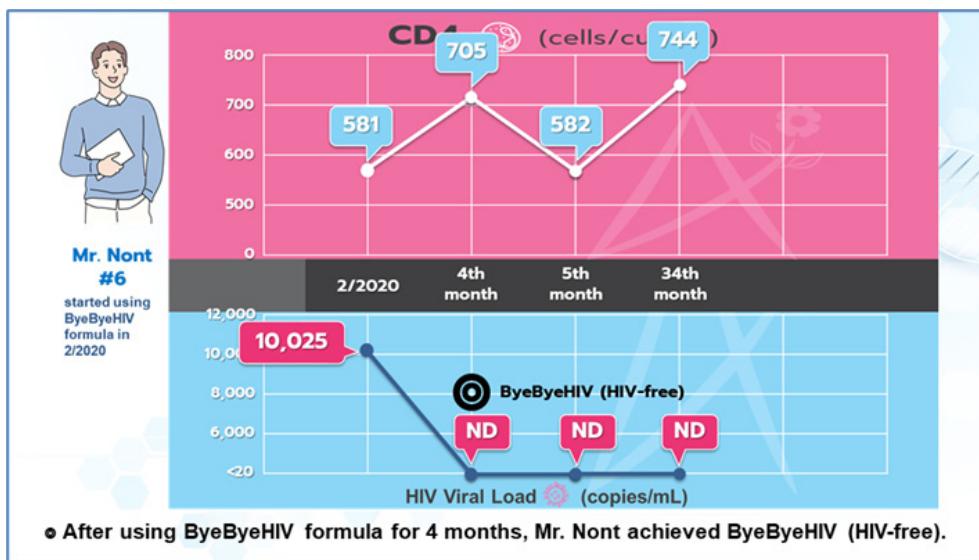
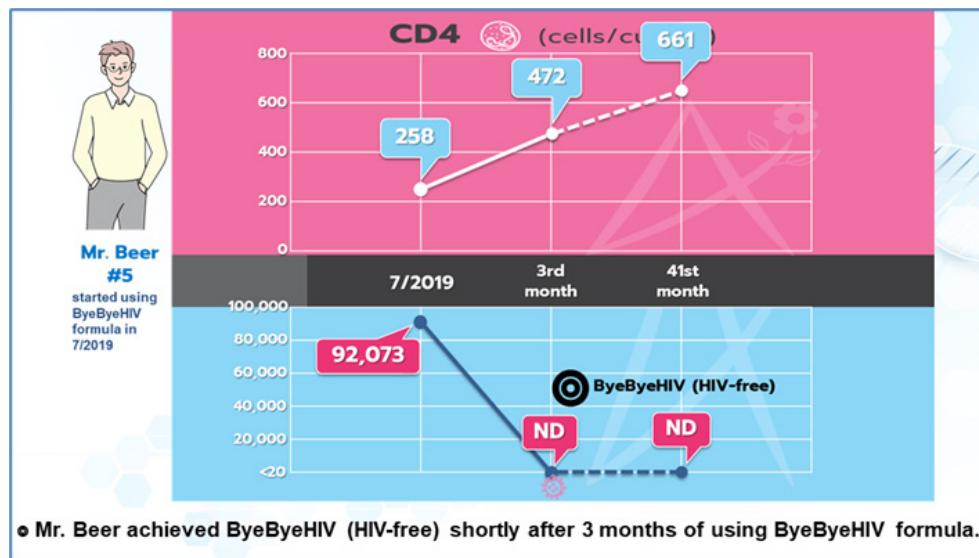
After taking the ByeByeHIV formula, the 54 volunteers in Group A exhibited a progressive increase in CD4 levels and a decrease in HIV viral load. Once their CD4 levels and CD4% were boosted to normal levels with undetectable HIV, they gradually reduced the dosage of their ByeByeHIV formula daily intake. The first volunteer in this group has enjoyed over 10 years of undetectable HIV, demonstrating the remarkable success of the ByeByeHIV immunotherapy. All 54 volunteers remained in excellent health, with high CD4 levels while their HIV stayed undetectable, suggesting that they had achieved ByeByeHIV (HIV-free).

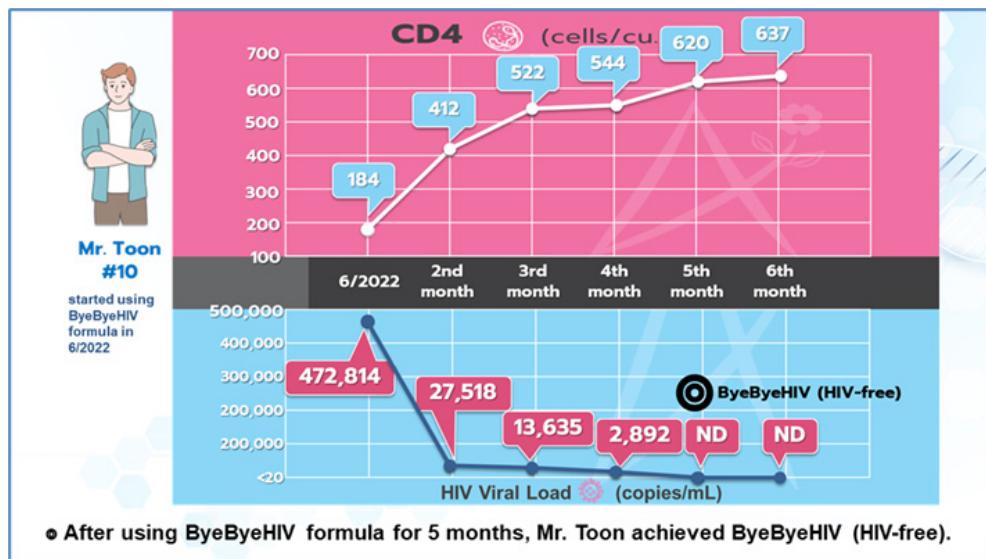
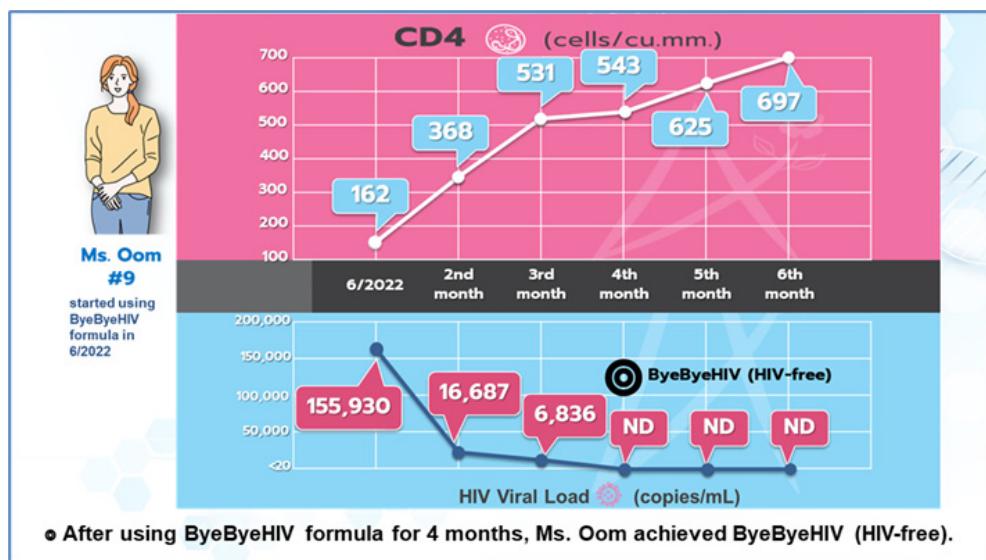
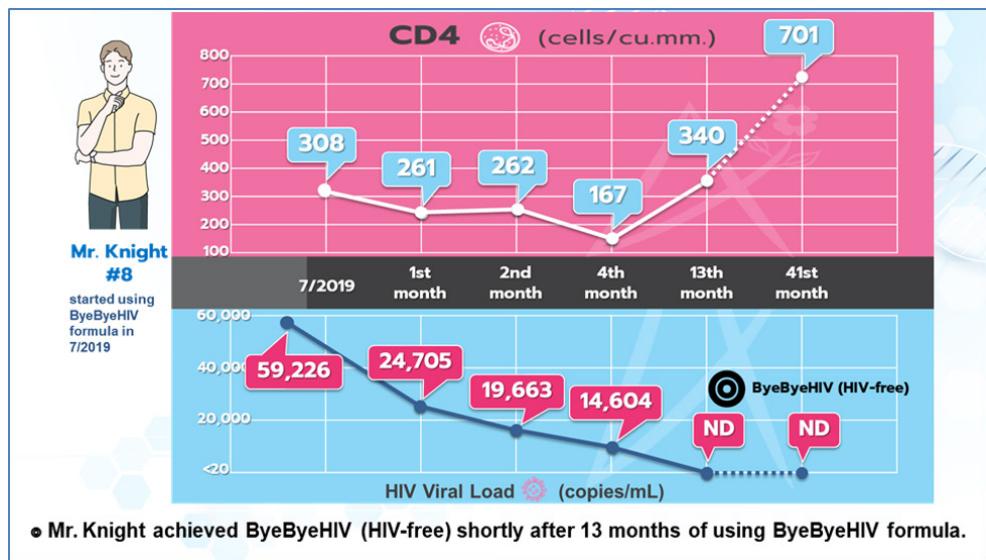
The fact that all 54 volunteers achieved undetectable HIV without the use of any antiretroviral drugs or other treatments besides the ByeByeHIV formula marks a significant milestone in the therapy to fight against HIV/AIDS. It demonstrates that the ByeByeHIV immunotherapy is the treatment of choice to achieve ByeByeHIV, a condition of undetectable HIV and good health, in patients who have never used antiretroviral drugs.

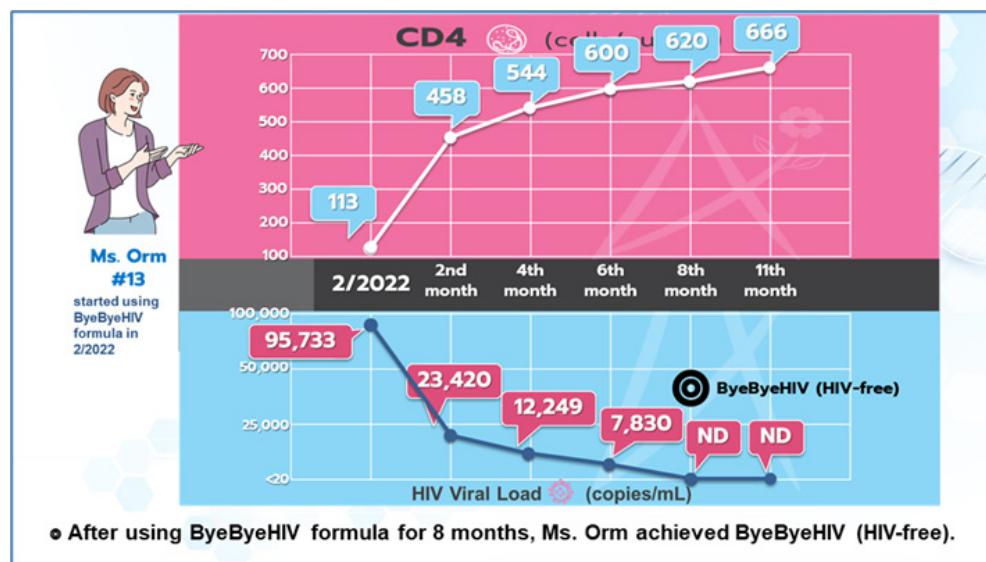
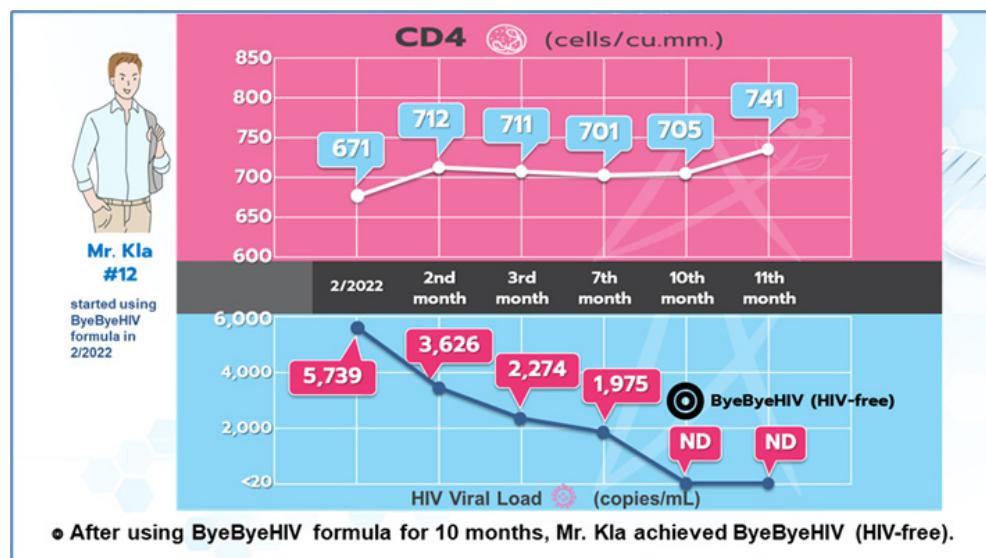
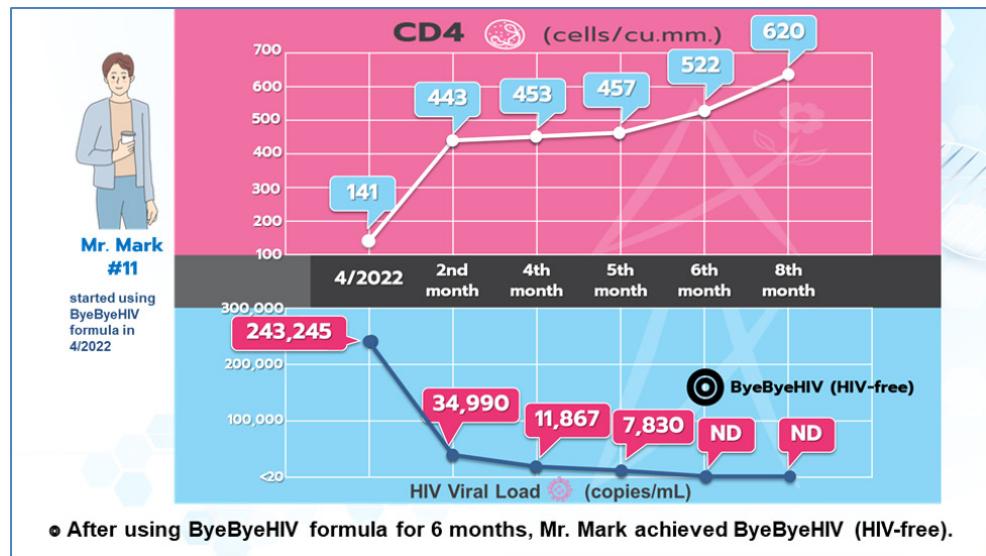
Below, we present the graphs of the 54 cases in Group A.

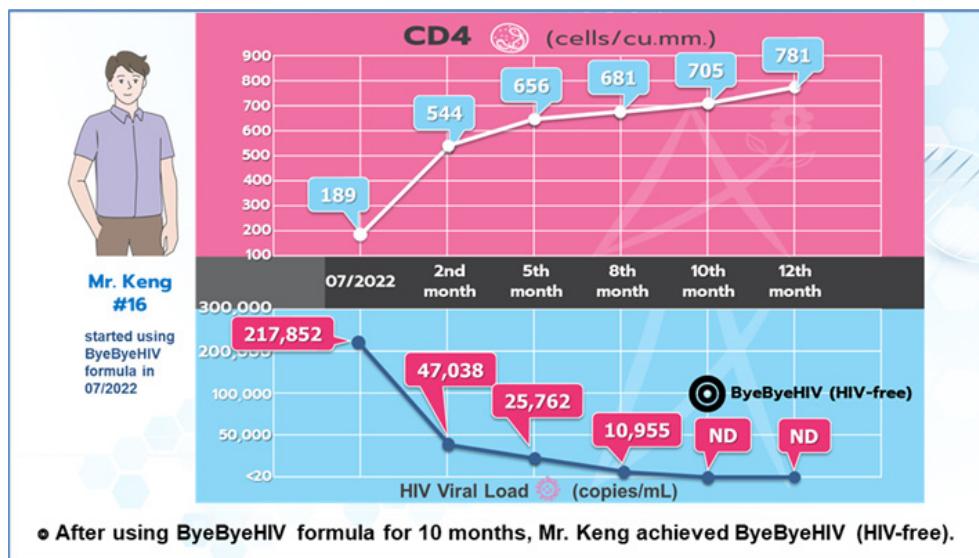
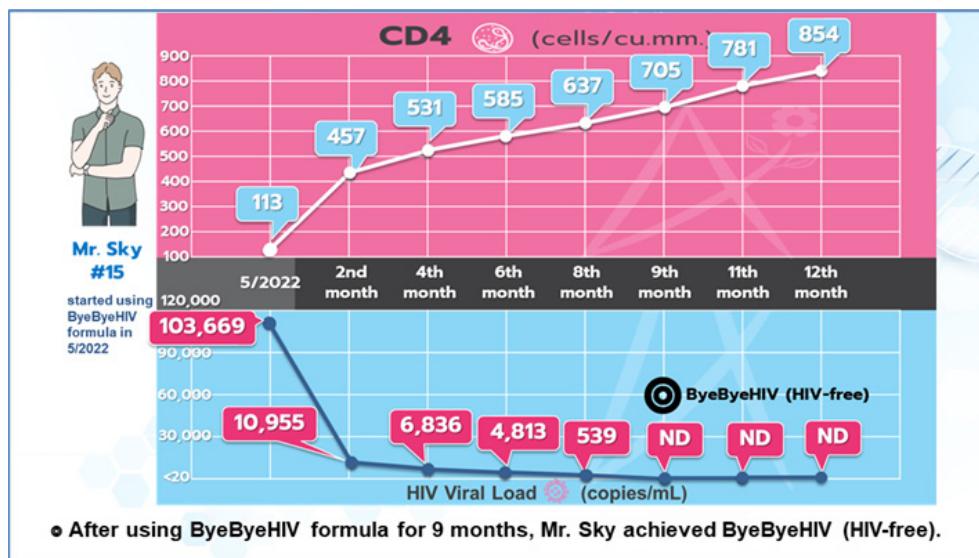
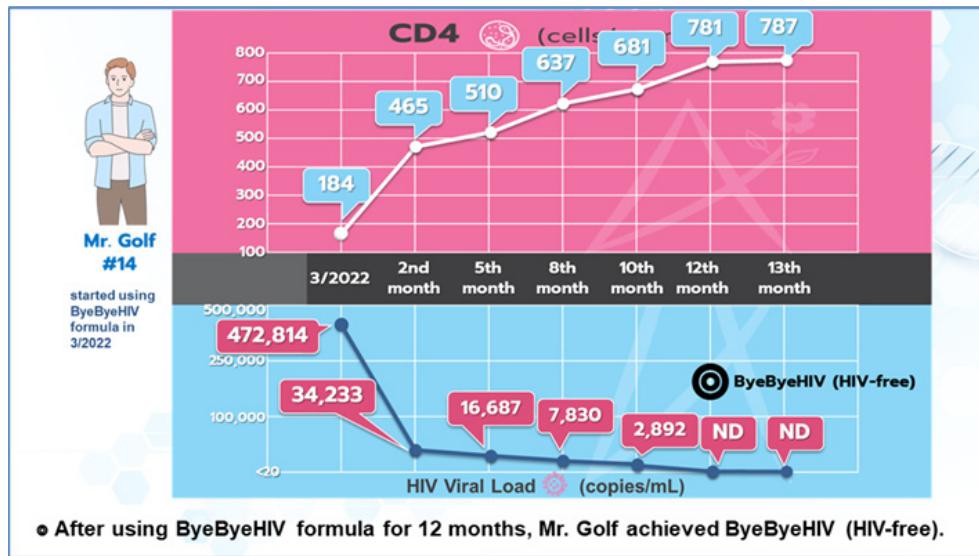


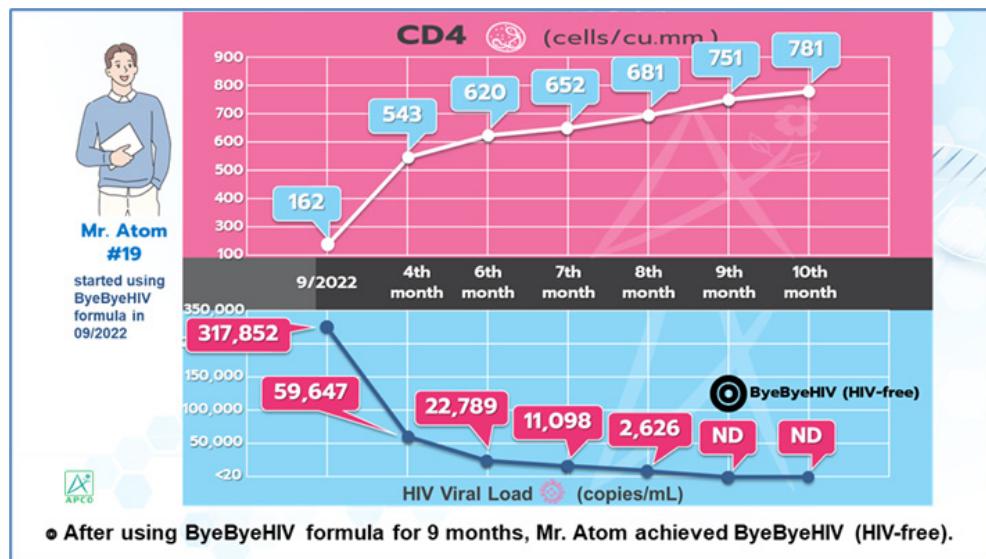
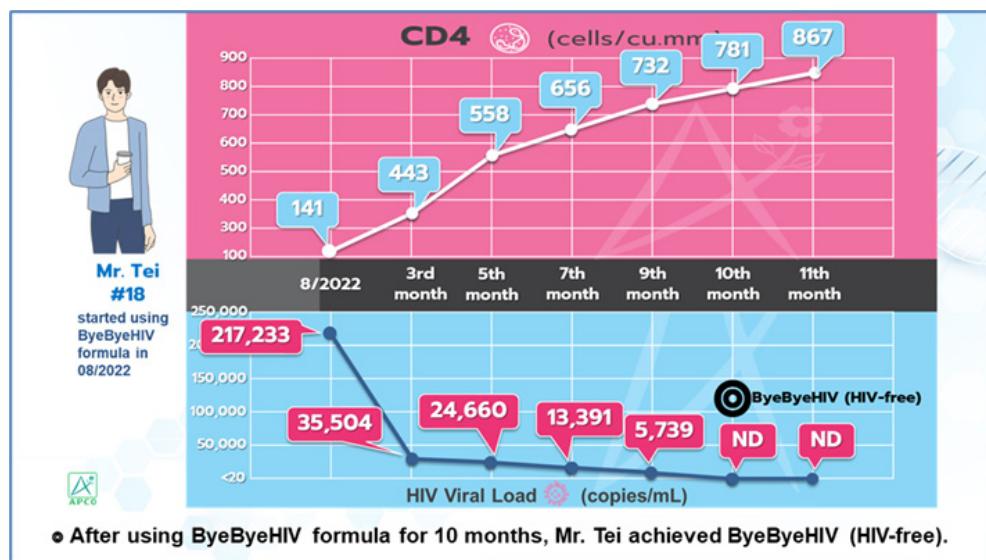
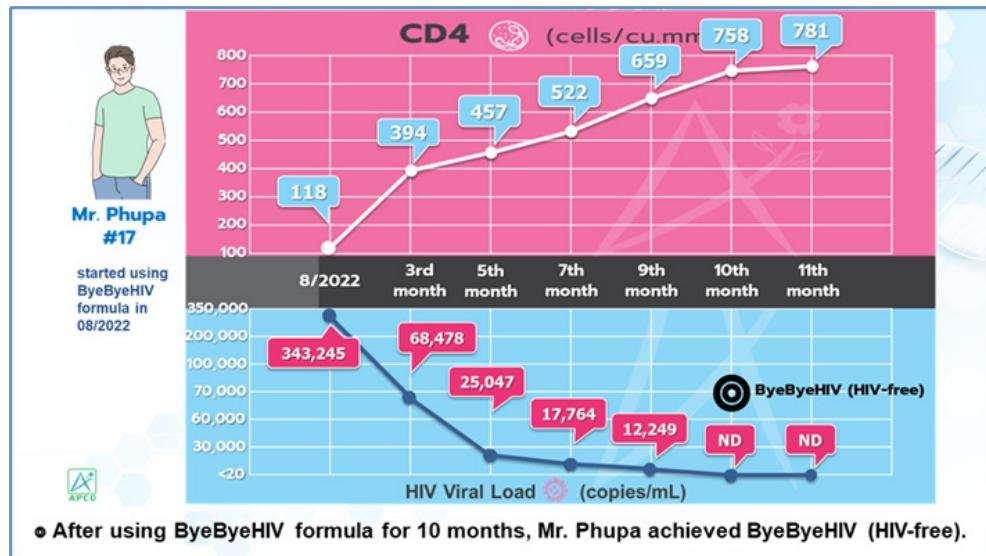


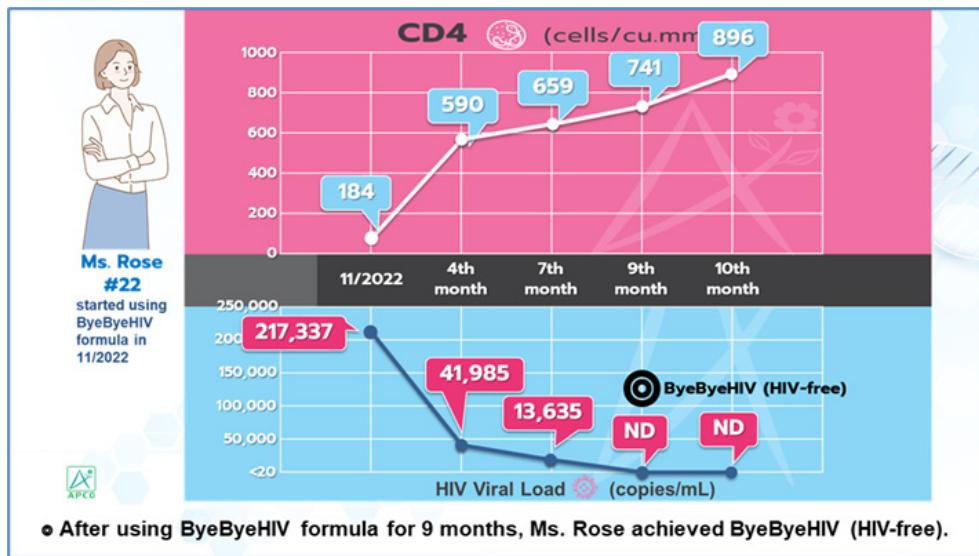
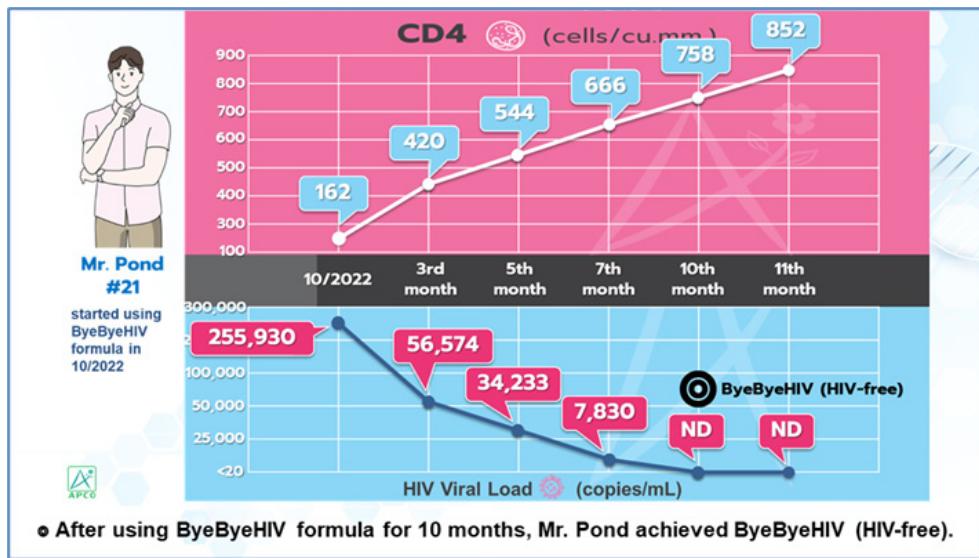
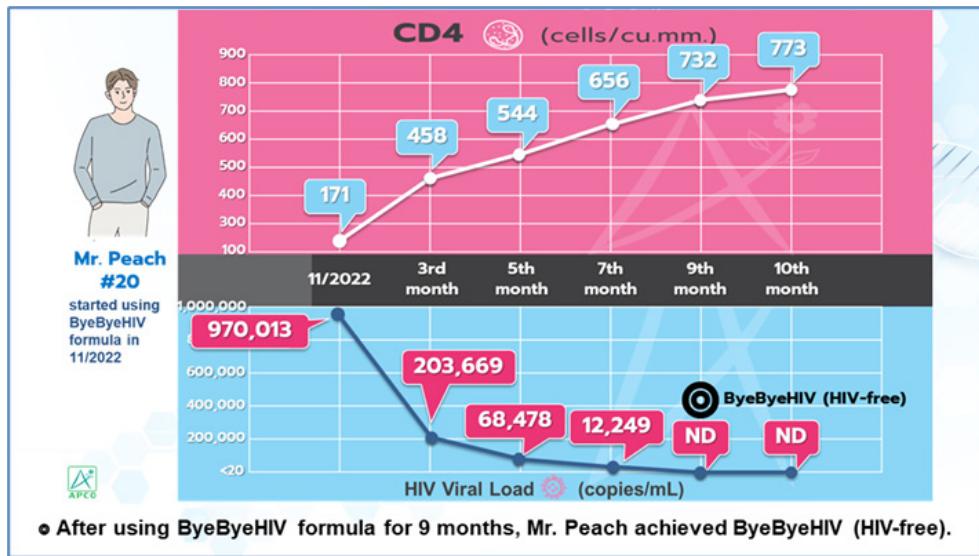


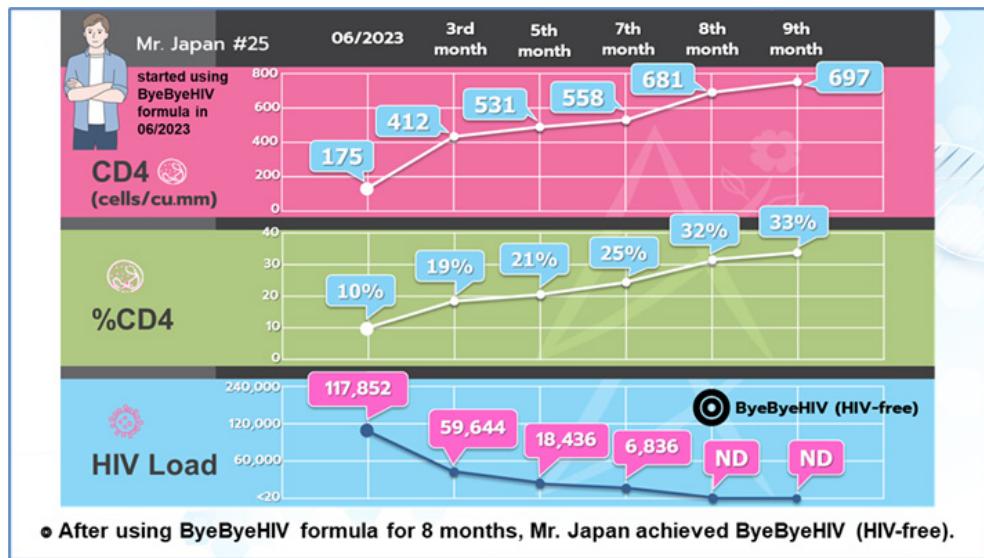
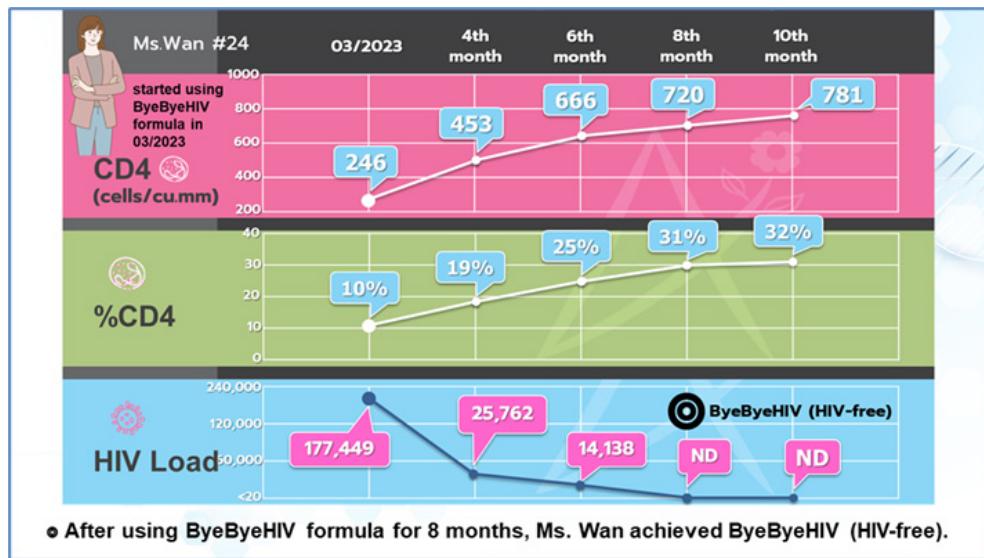
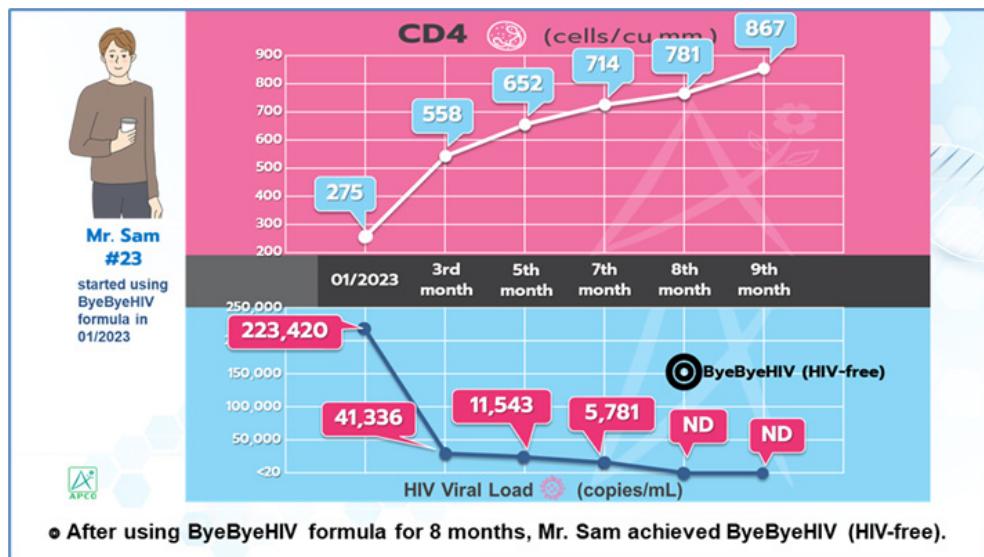


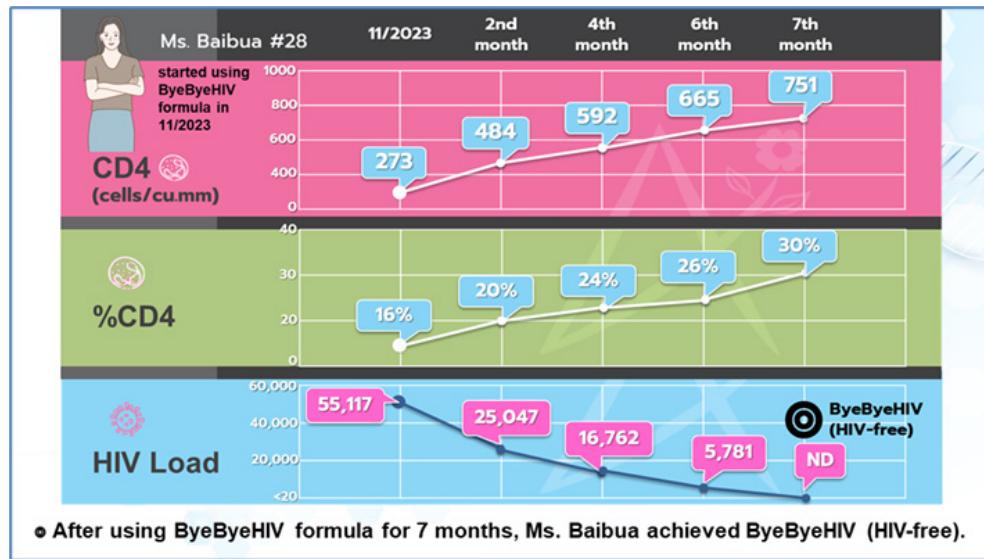
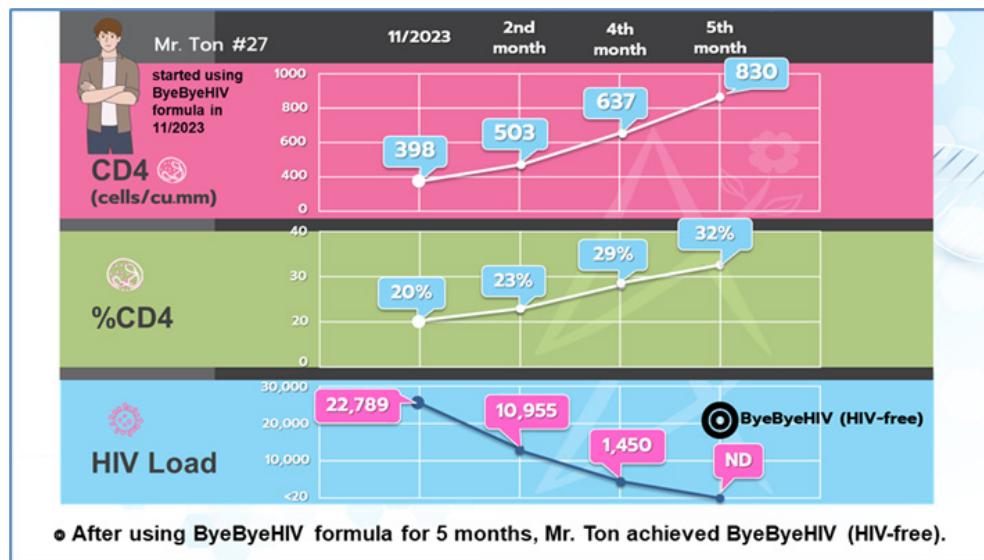
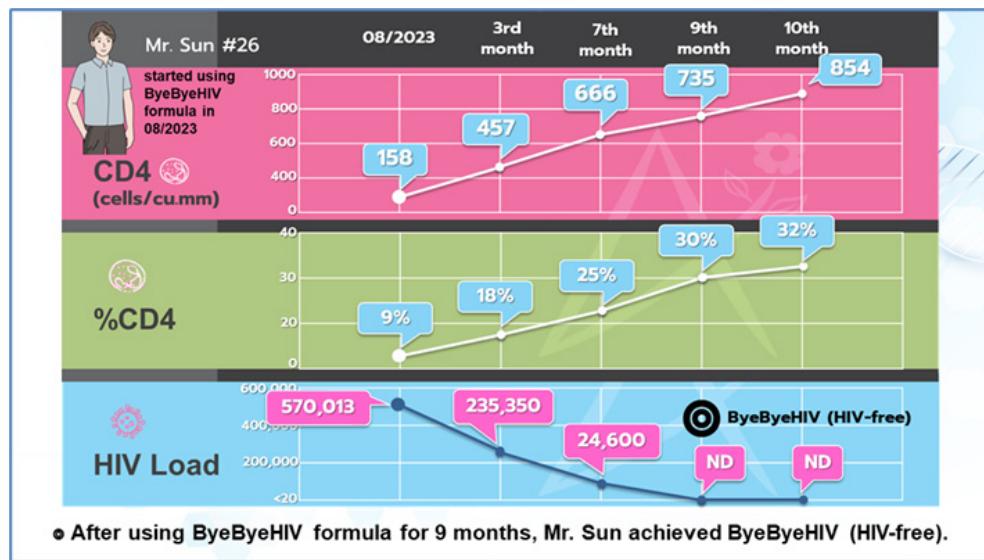


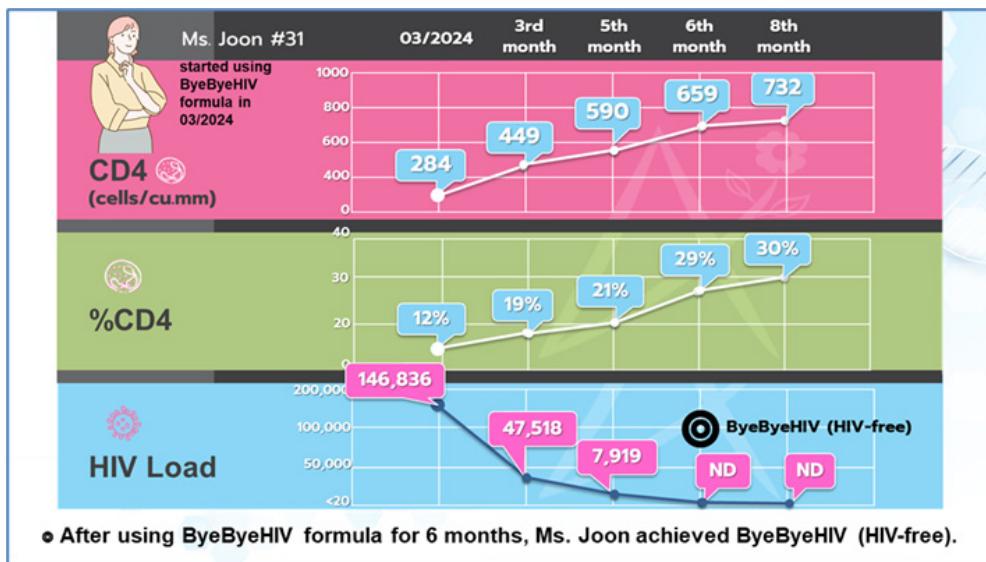
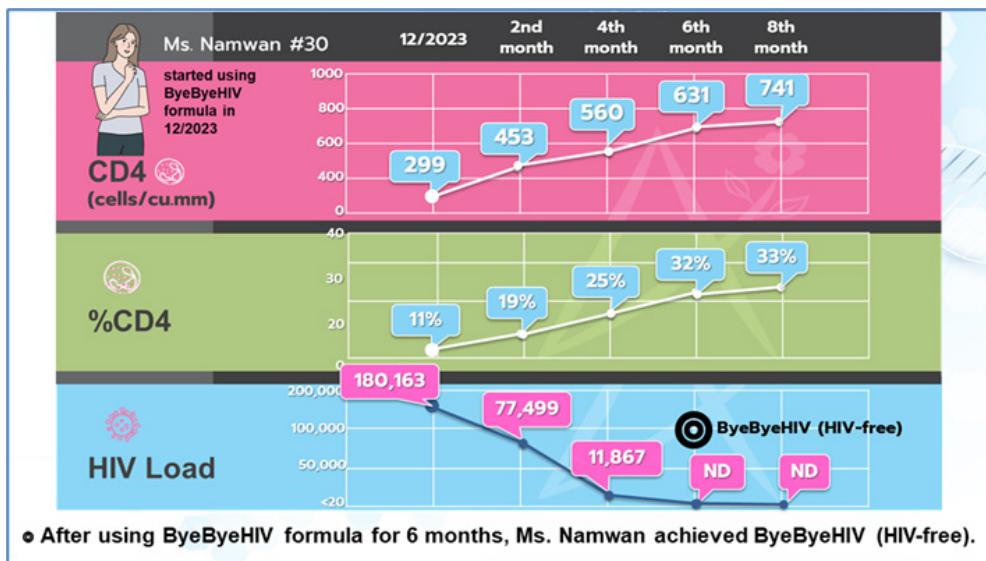
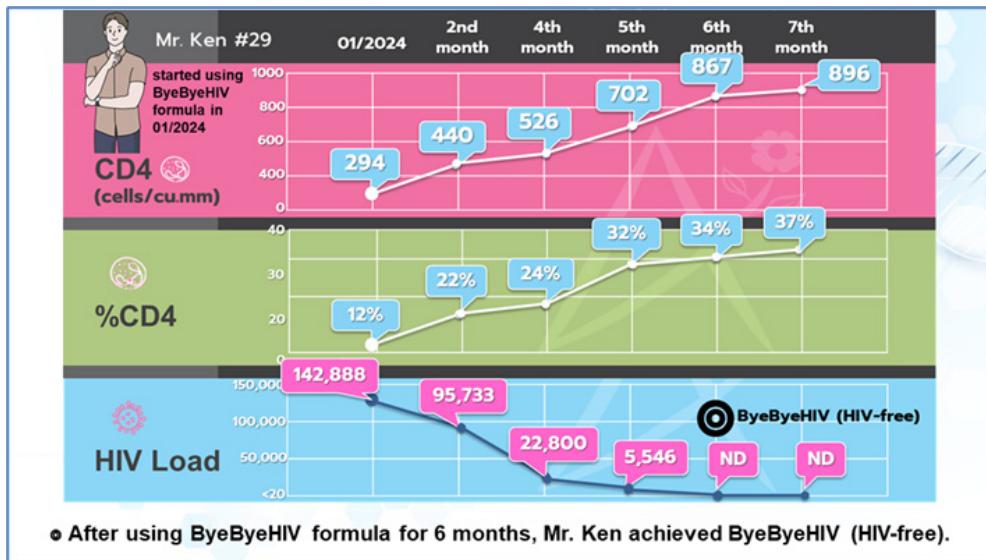


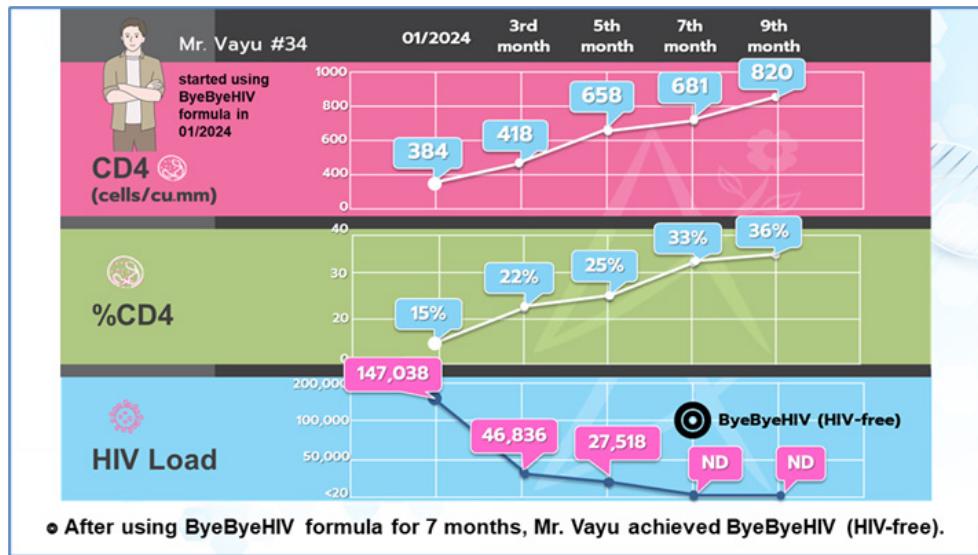
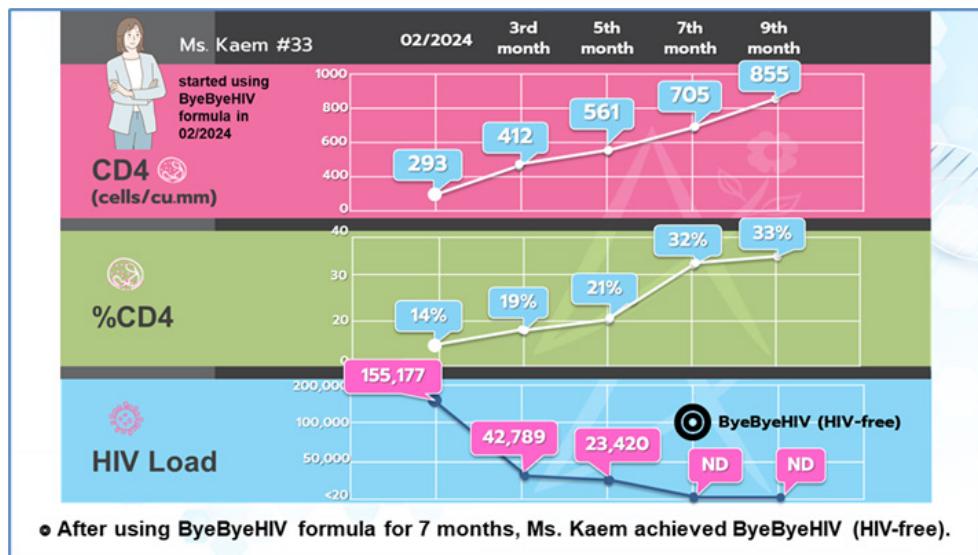
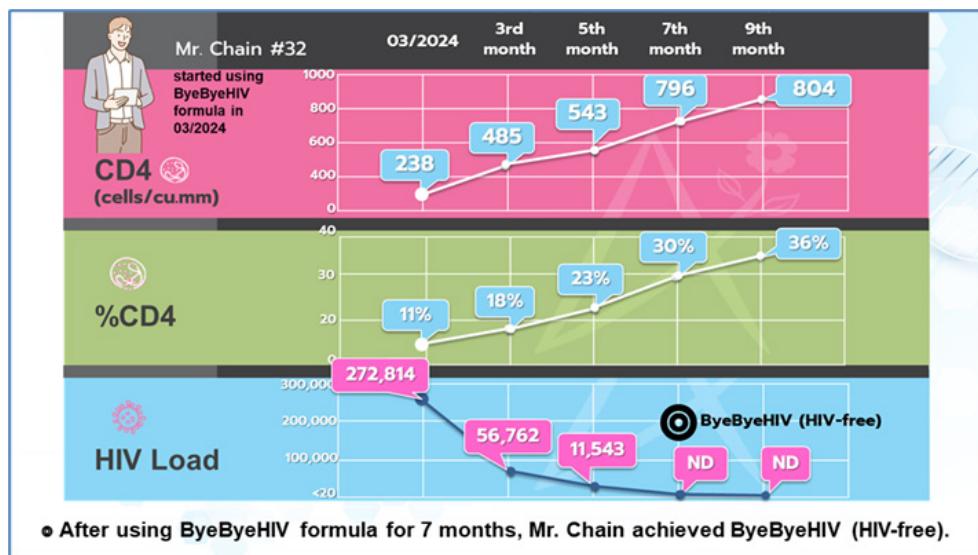


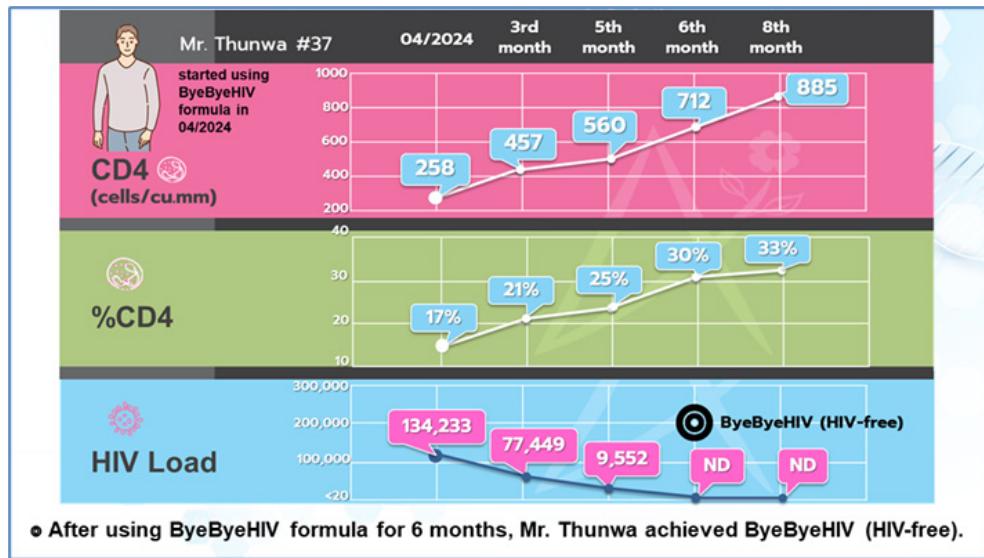
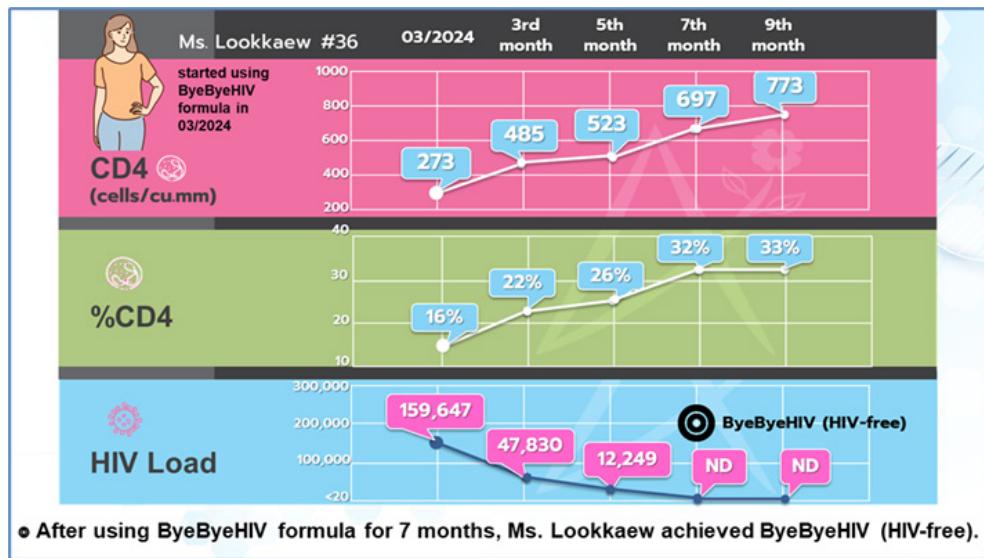
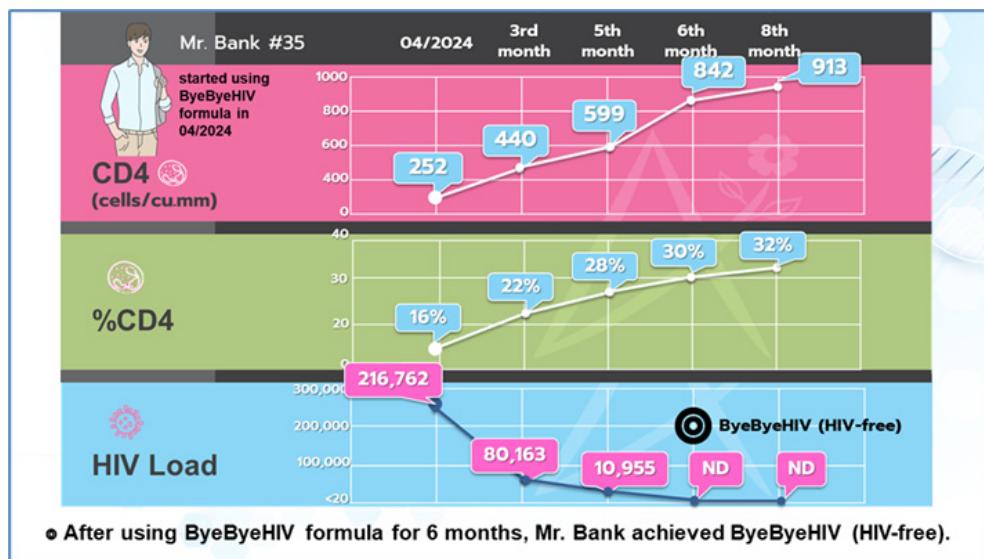


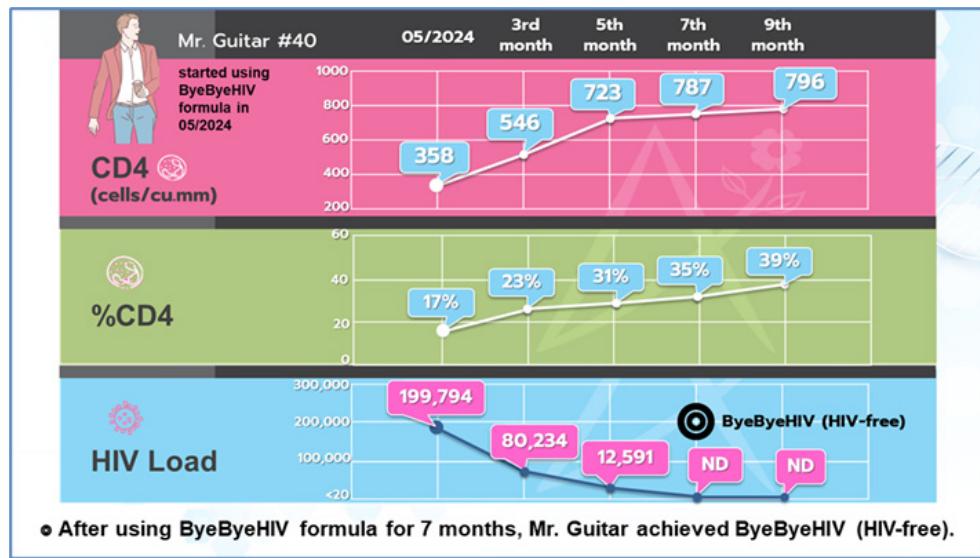
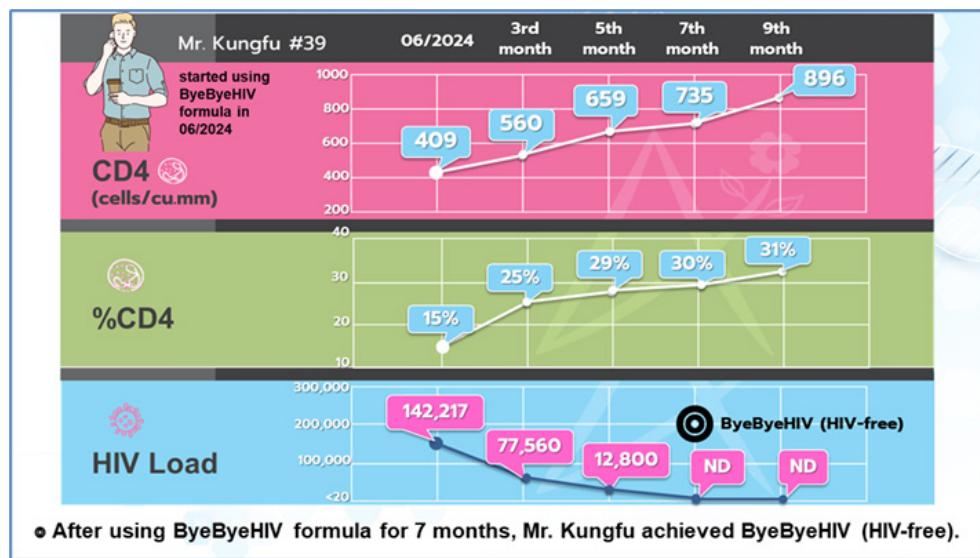
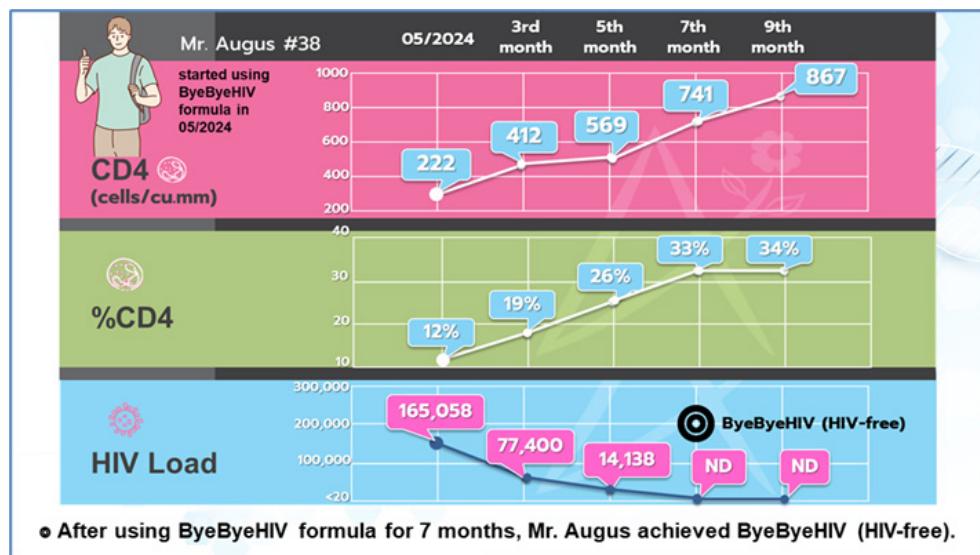


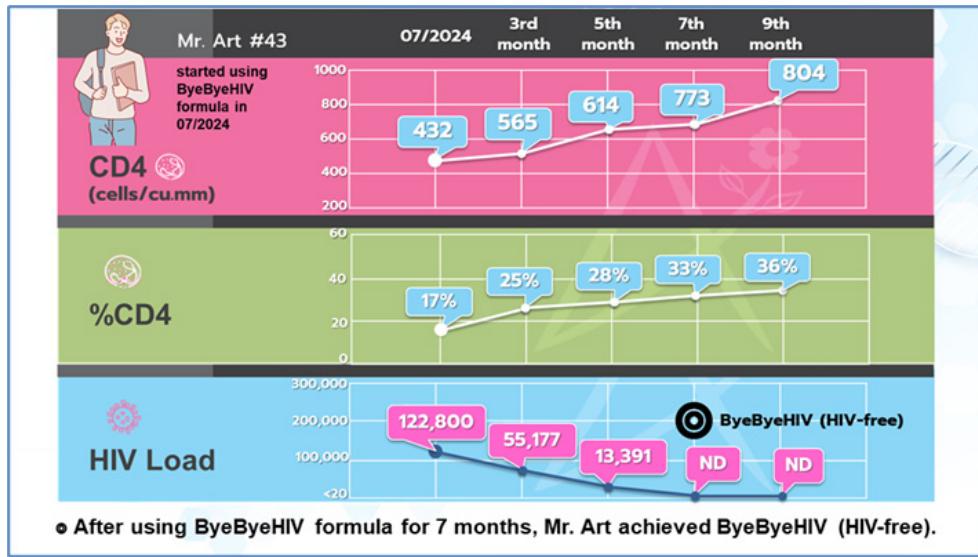
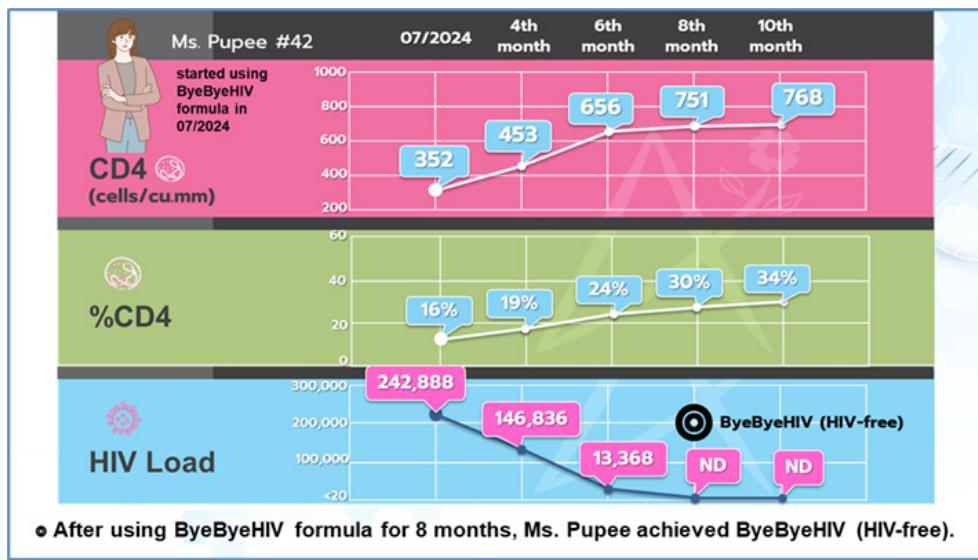
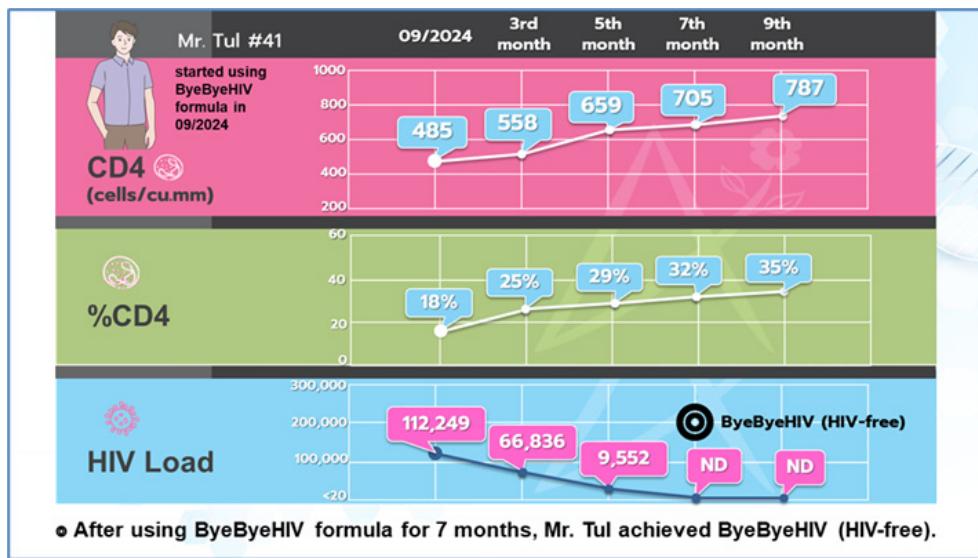


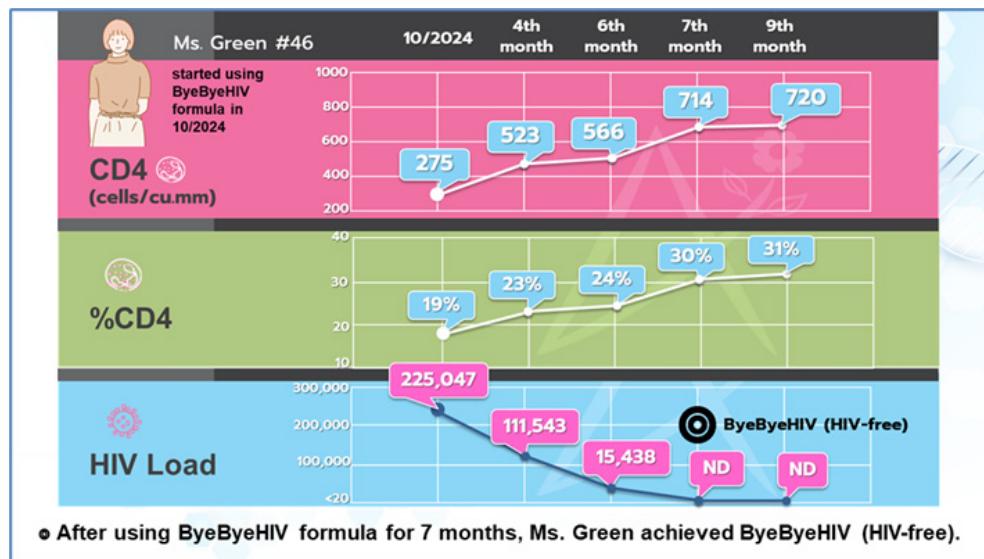
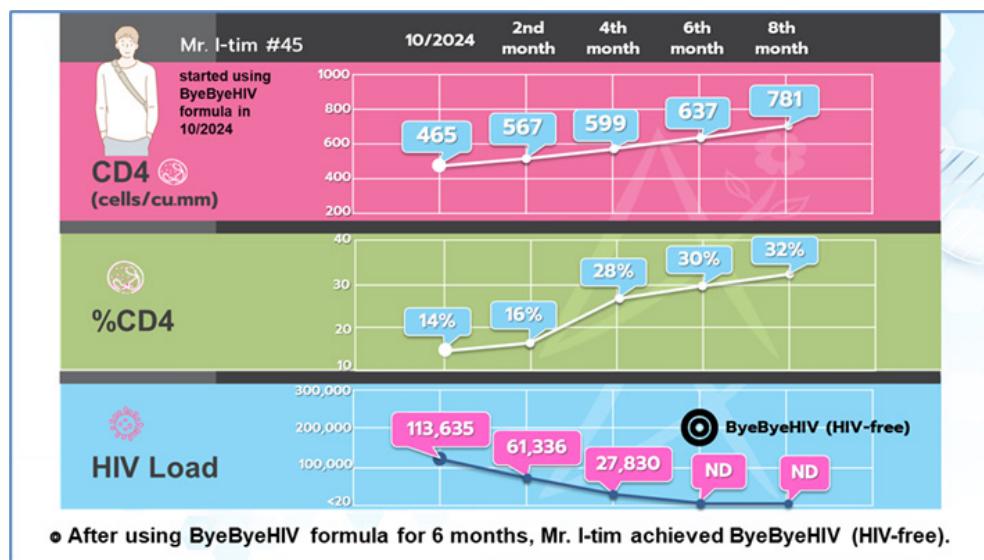
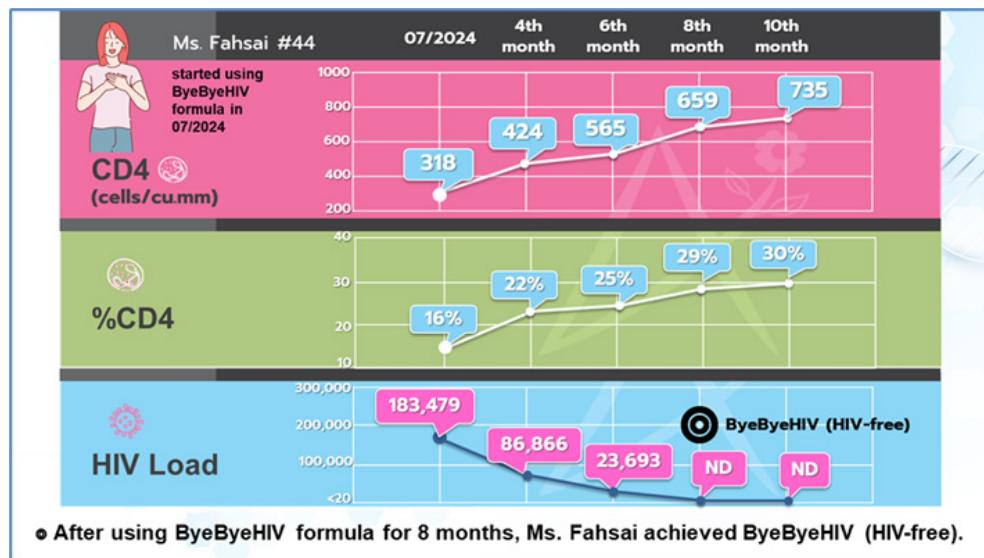


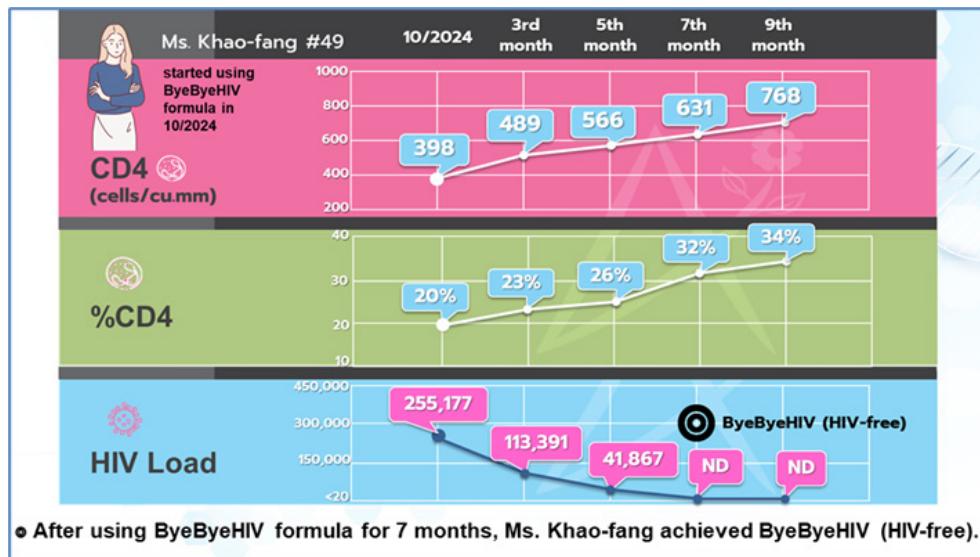
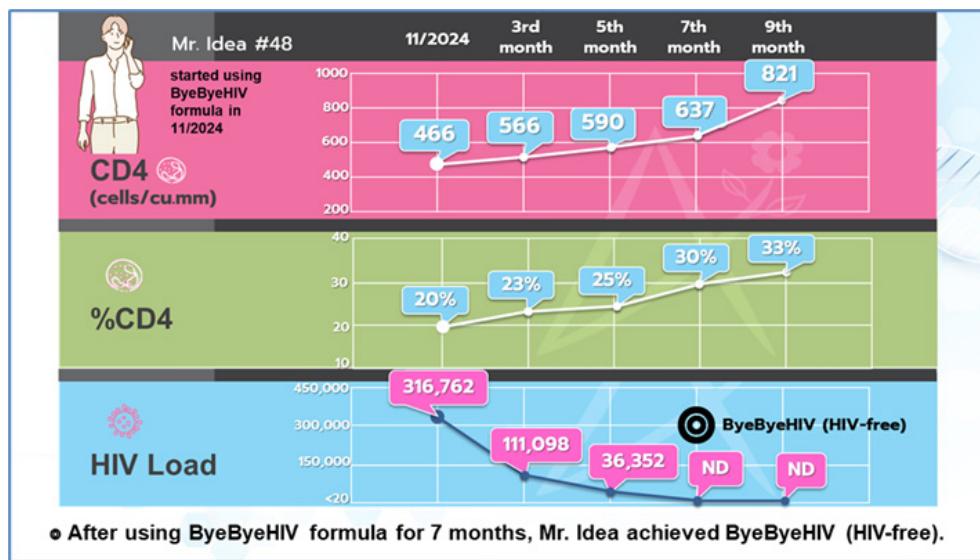
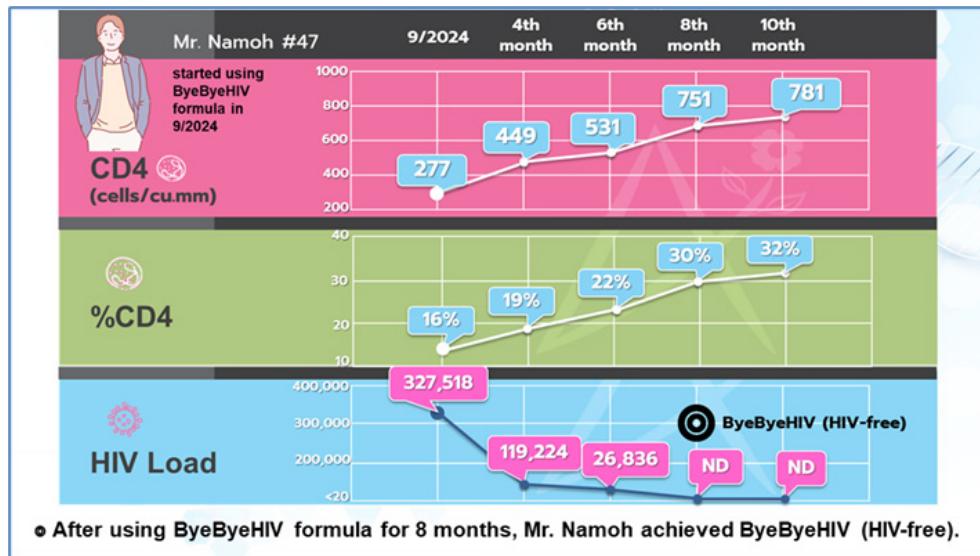


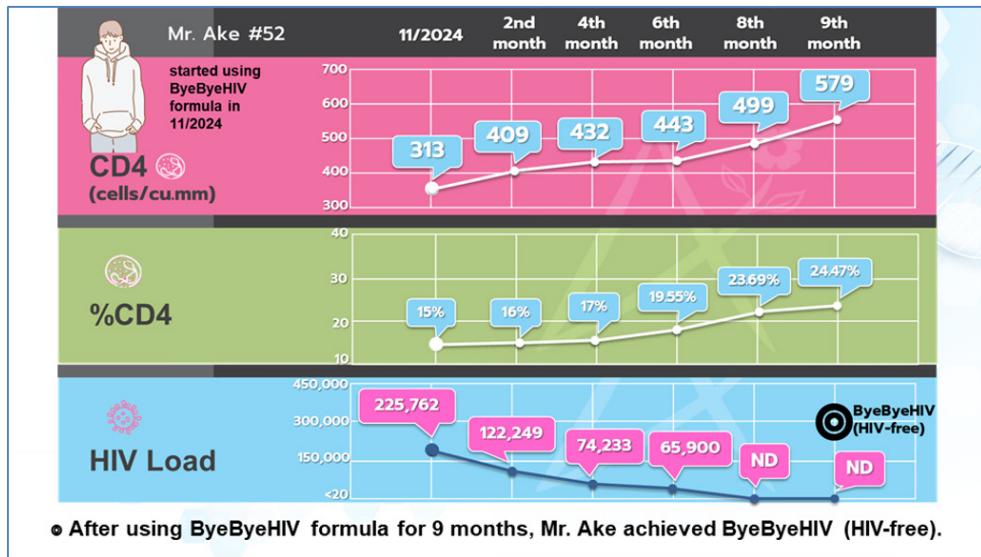
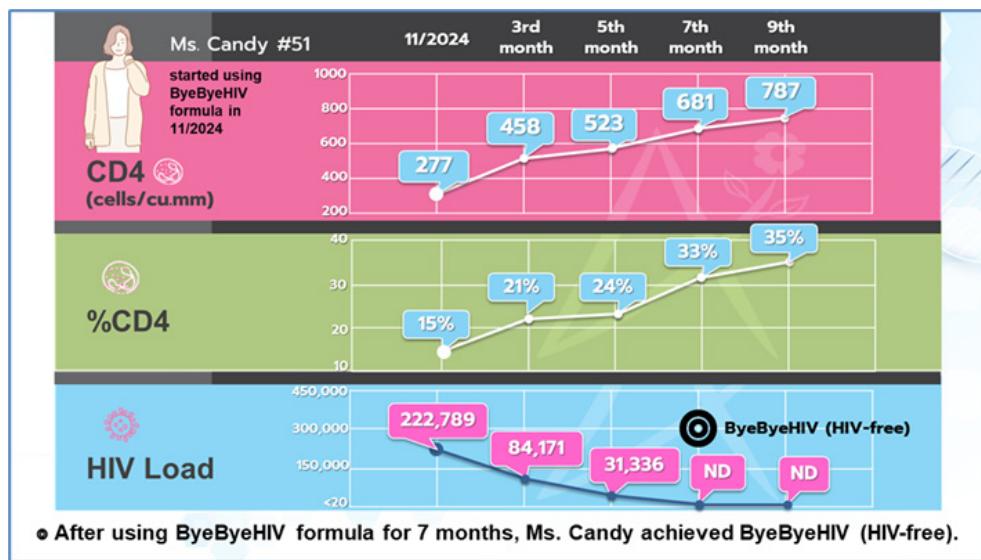
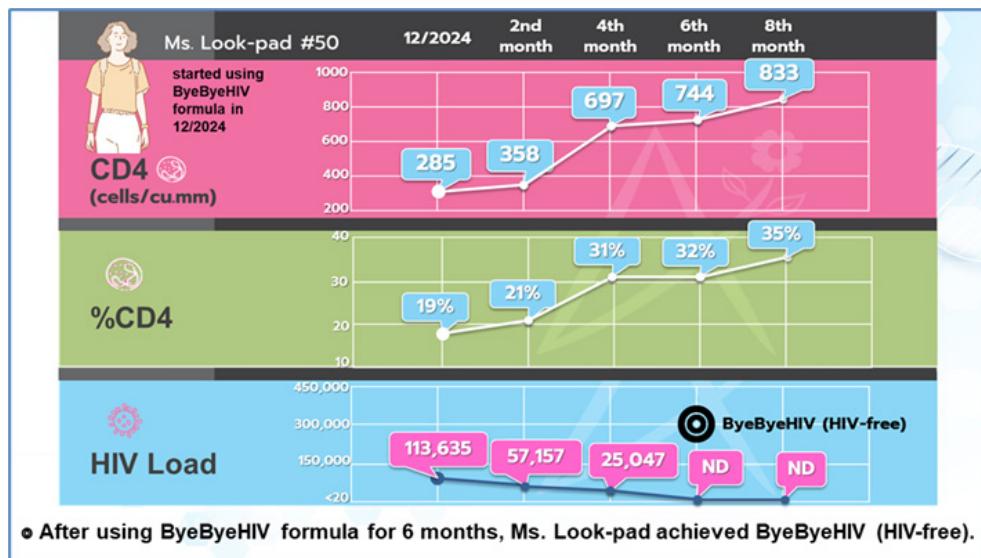


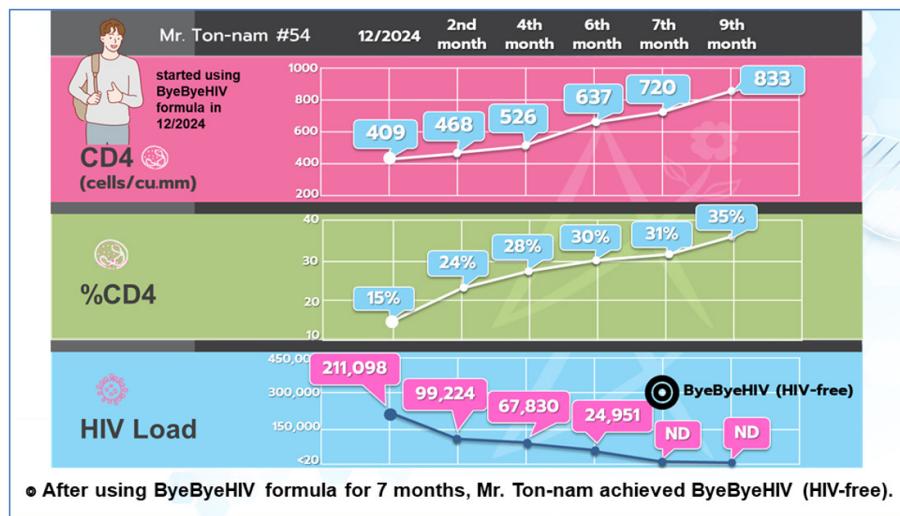
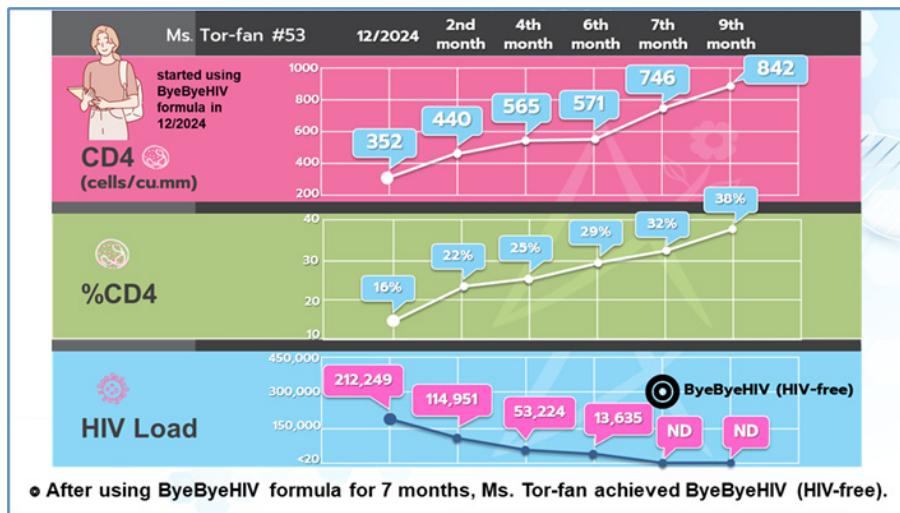












Representative Case for Group A (ByeByeHIV without Prior Use of Antiretroviral Drugs): Mr. Din (Refer to the graph 'Mr. Din #7' above)

Mr. Din is an individual who has achieved ByeByeHIV and has chosen to reveal his identity to demonstrate the authenticity of his success and to encourage other HIV-infected individuals to achieve the same success. He currently works as a counselor and mentor to those seeking to achieve ByeByeHIV. He plays an important role in accelerating efforts to reduce the number of people living with HIV/AIDS, a key component of the global initiative to eradicate the disease.

Mr. Din was diagnosed with HIV in December 2019. In January 2020, he had an HIV viral load of 2,532,199 copies/mL, with a CD4 count of only 4 cells/cu.mm and CD4% of 0.7%. His health issues included blood infections and skin peeling caused by antibiotic allergies. He began using the ByeByeHIV immunotherapy in February 2020, and 7 months later his test results showed undetectable HIV but his CD4 count was still below 500 cells/cu.mm.

(Previously, we reported that Mr. Din achieved ByeByeHIV 7 months after his blood test results showed "Not Detected" (ND) for the first time [1,2]. However, we later considered it more prudent to wait until his CD4 count rose above 500 cells/cu.mm before confirming the ByeByeHIV state.)

Subsequent test results 11 months after undergoing the ByeByeHIV immunotherapy showed that his CD4 count had increased to 522 cells/cu.mm with no detectable HIV and his overall health had returned to normal. Previous health issues, including blood infections and skin peeling due to antibiotic allergies, were resolved. He therefore achieved ByeByeHIV (HIV-free) 11 months after beginning the ByeByeHIV immunotherapy.

Standard ByeByeHIV procedure for HIV-infected individuals who have not taken antiretroviral drugs (Group A)

Step 1: Test for HIV viral load, CD4 count and CD4%.

Step 2: Take 3-4 capsules (depending on disease severity) half an

hour before meals, totaling 9-12 capsules per day, while testing for HIV viral load, CD4 count and CD4% every 1-2 months until no infection is detected.

Step 3: Gradually reduce the number of capsules.

In the first month, reduce to 2-3 capsules, half an hour before meals, totaling 6-9 capsules a day. In the second month, take 2 capsules half an hour before breakfast and dinner, totaling 4 capsules a day. Then in the following months, reduce to 1 capsule half an hour before breakfast and dinner, totaling 2 capsules a day to maintain sufficient immunity at all times and, eventually, discontinue taking the capsules.

All volunteers agreed to the conditions that they engage in regular exercise and refrain from consuming alcohol or a diet high in sugar. They were advised to get sufficient sleep, about eight hours per day.

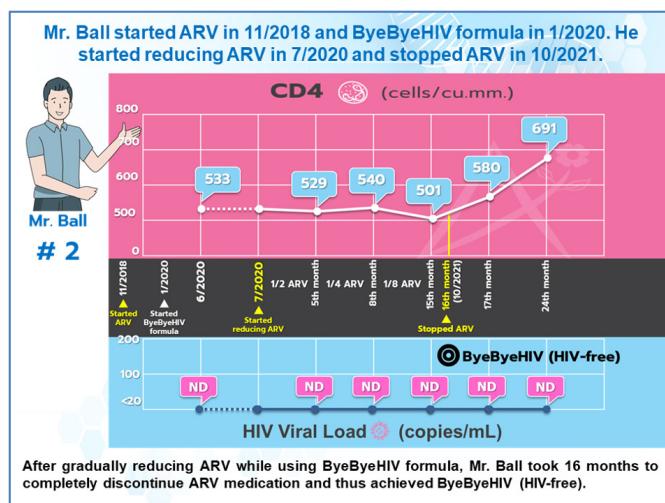
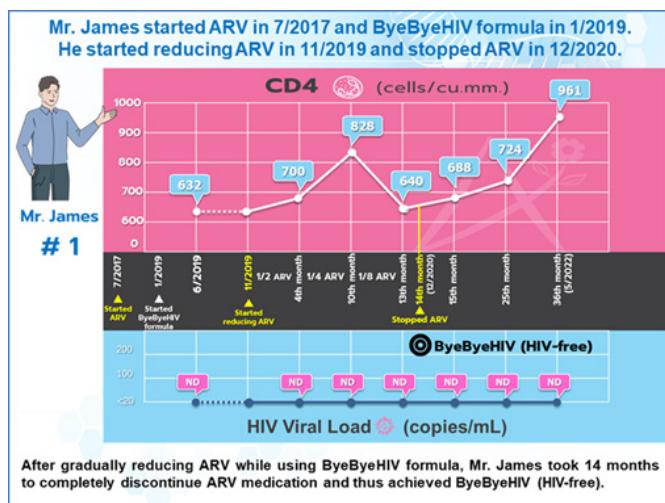
ByeByeHIV in Group B

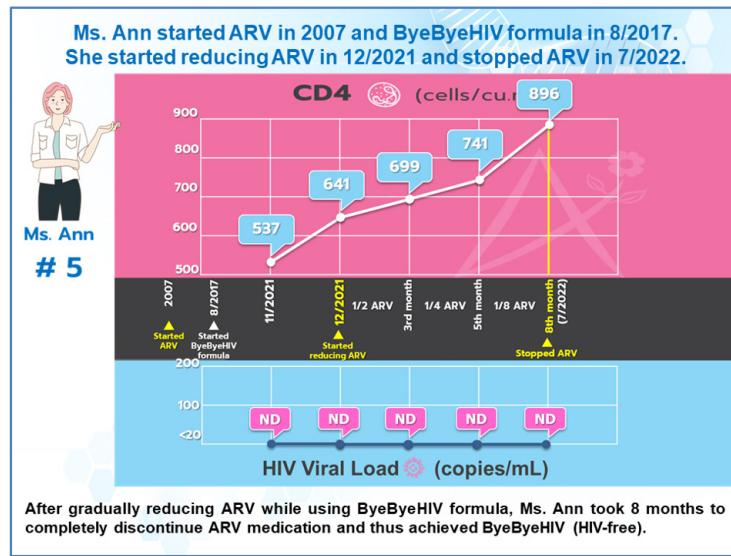
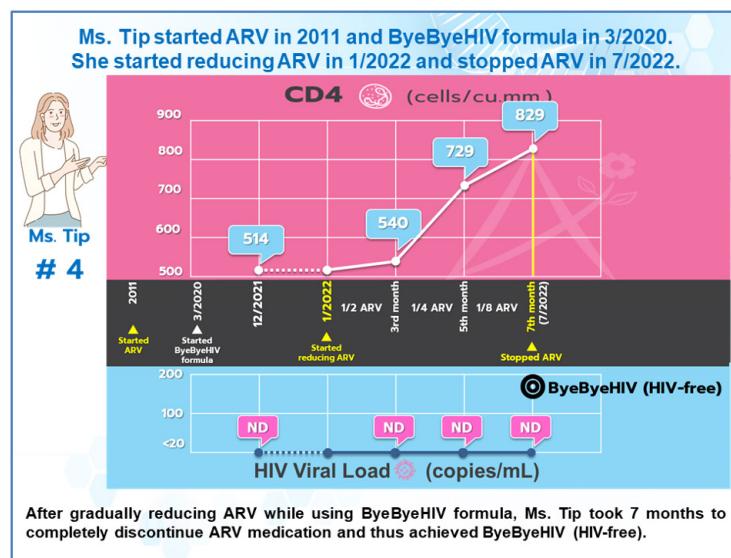
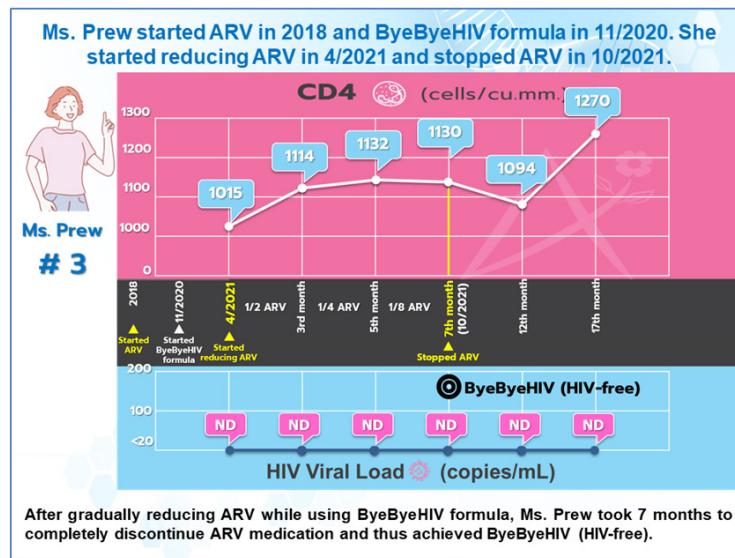
In Group B, the 46 volunteers were given the ByeByeHIV formula to boost their CD4 count and CD4% to normal levels

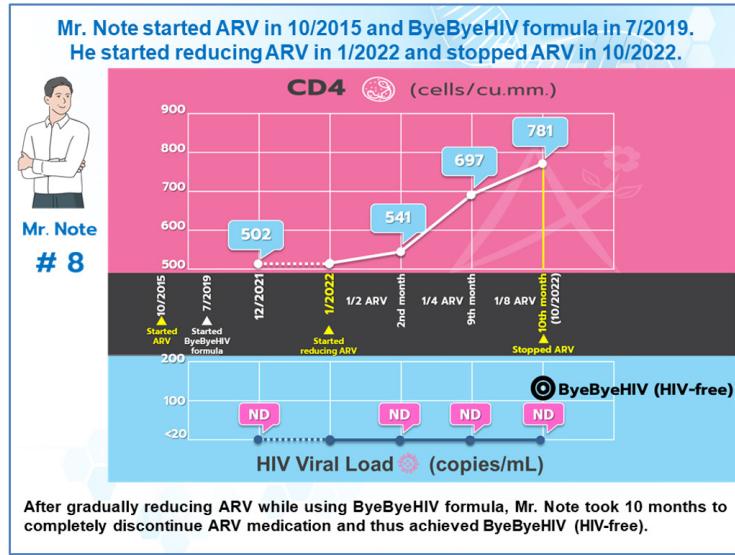
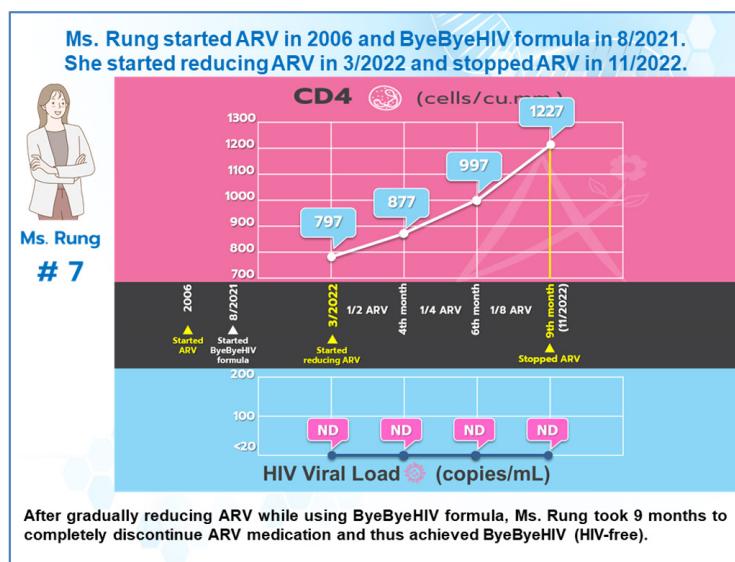
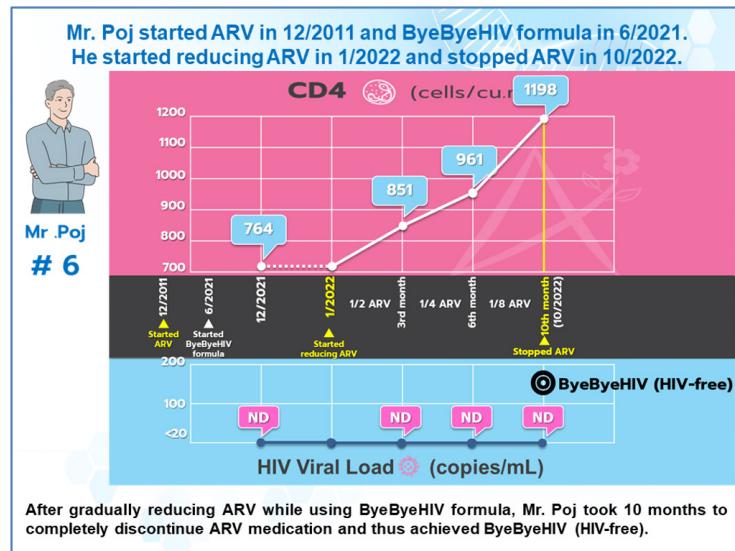
before gradually reducing their intake of antiretroviral drugs. The antiretroviral drugs were eventually discontinued while they maintained the prescribed dosage of the ByeByeHIV formula. Their HIV remained undetected despite discontinuing the use of antiretroviral drugs during the last phase of immunotherapy. Throughout the immunotherapy process, these volunteers maintained consistently high CD4 levels, had undetected HIV, and experienced reduced side effects from antiretroviral therapy. During this last phase of the immunotherapy, all 46 volunteers were in excellent health, with high CD4 levels, while the side effects from ARV use had completely disappeared and their HIV remained undetected, suggesting that they had achieved ByeByeHIV (HIV-free).

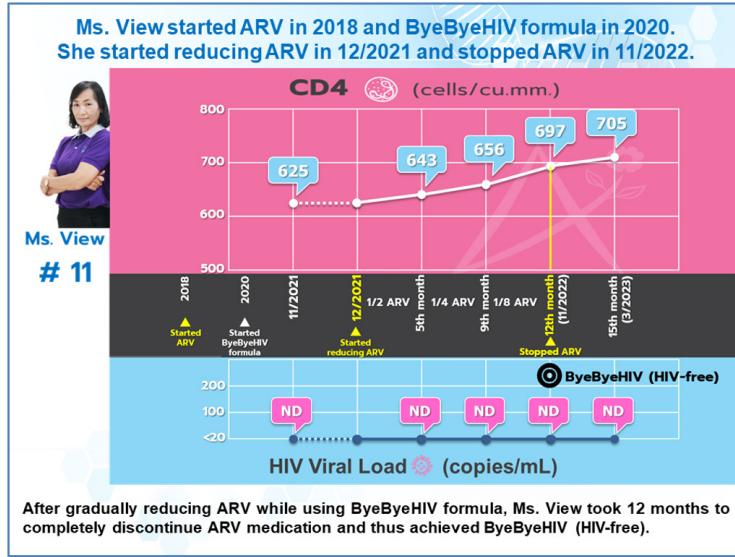
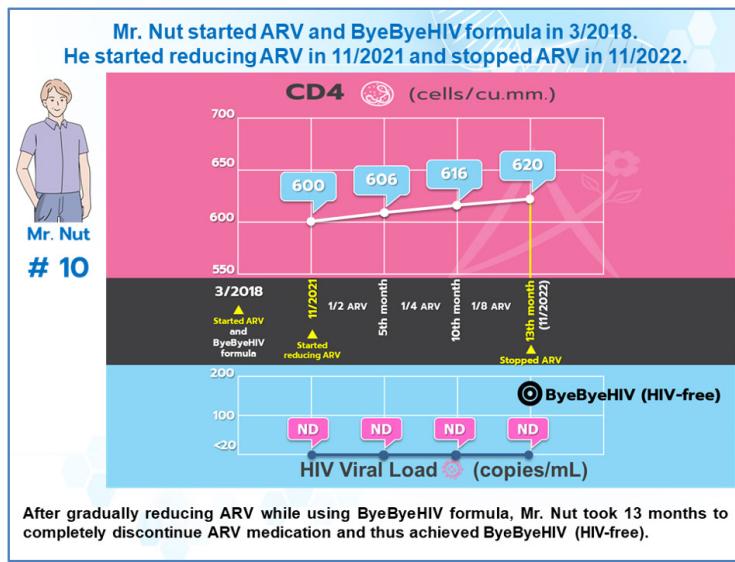
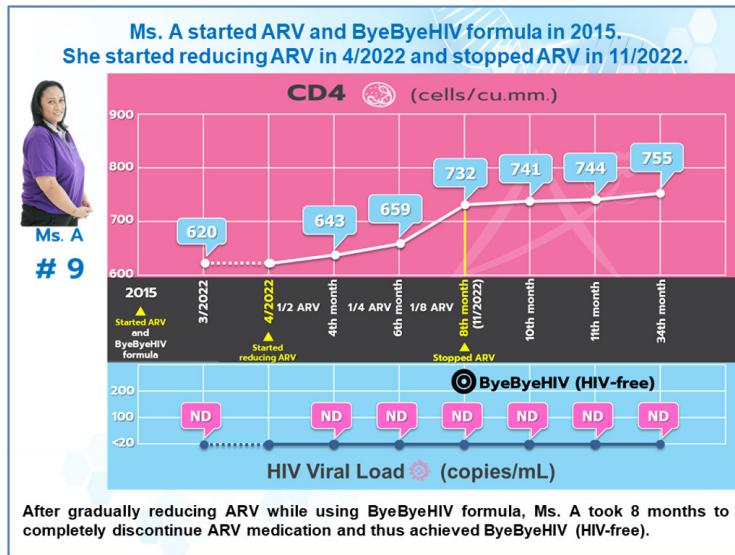
This marks a significant milestone in the fight against HIV/AIDS through the use of side-effect-free, plant-based immunotherapy that can replace side-effect-inducing antiretroviral drugs for patients who previously depended on them. After achieving the state of ByeByeHIV (HIV-free), patients can stop consuming the ByeByeHIV formula and remain HIV-free.

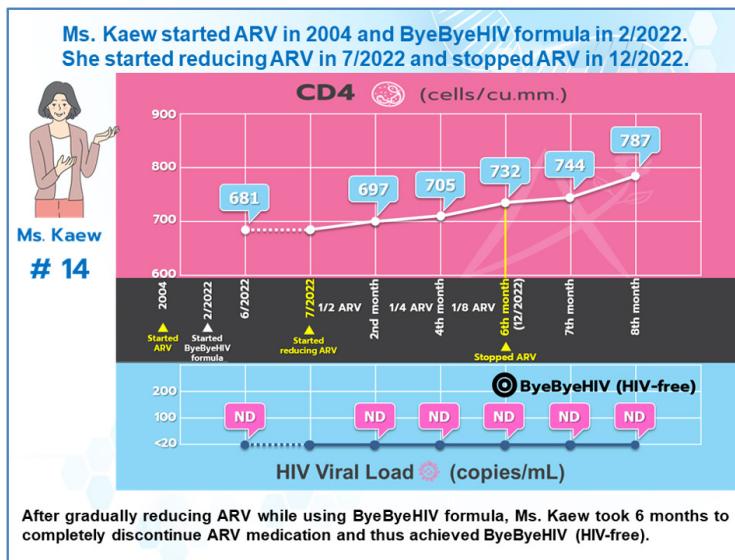
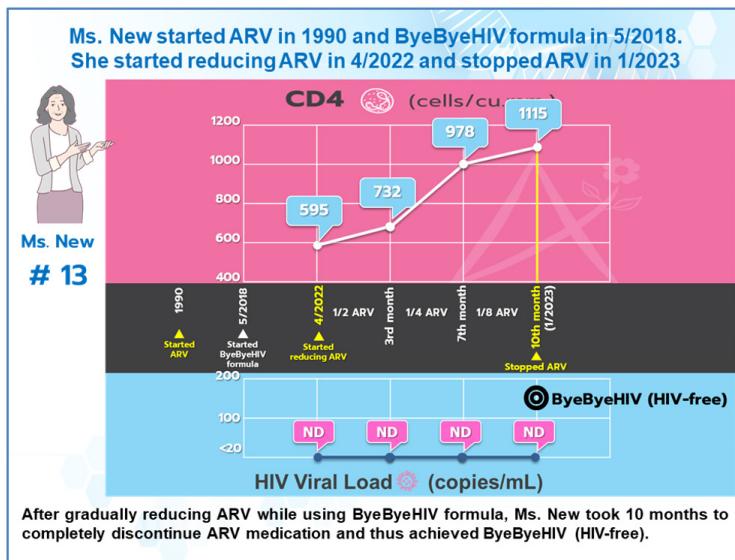
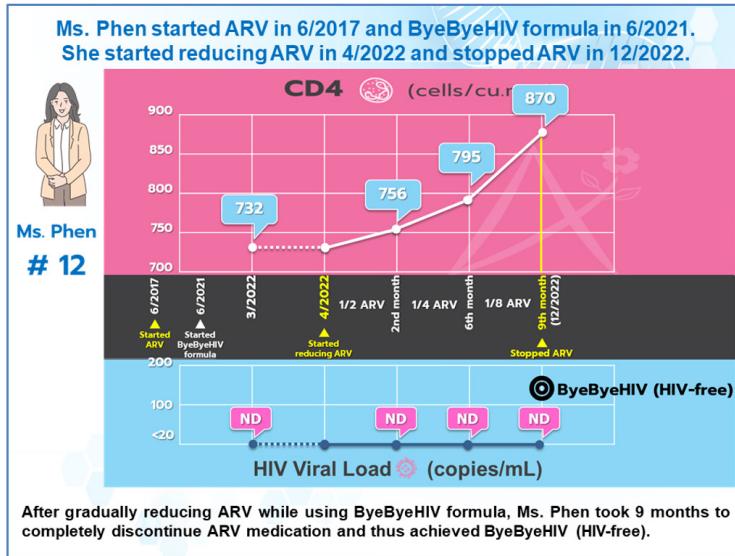
Below, we present the graphs of the 46 cases in Group B.

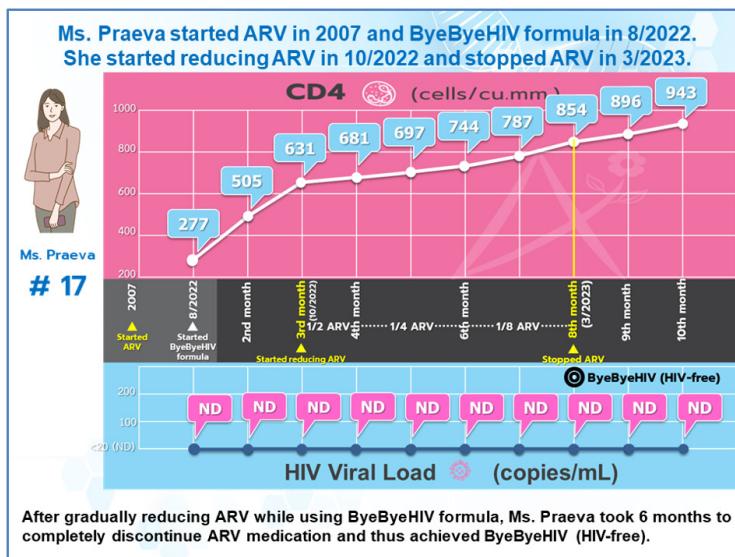
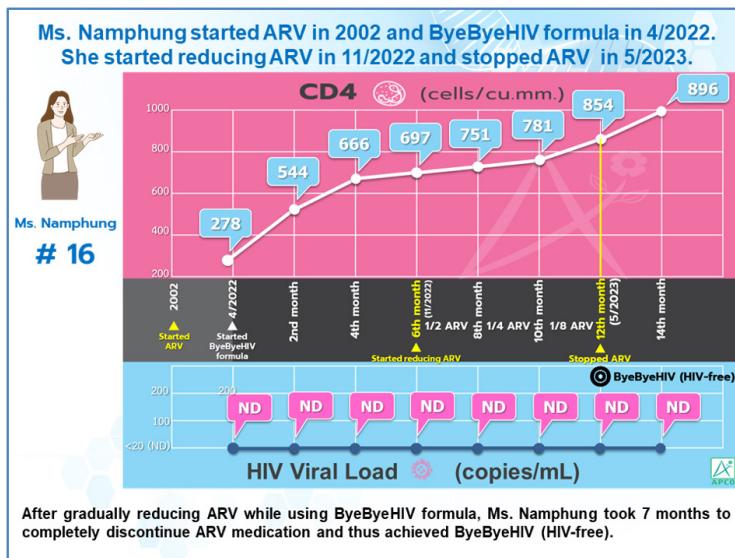
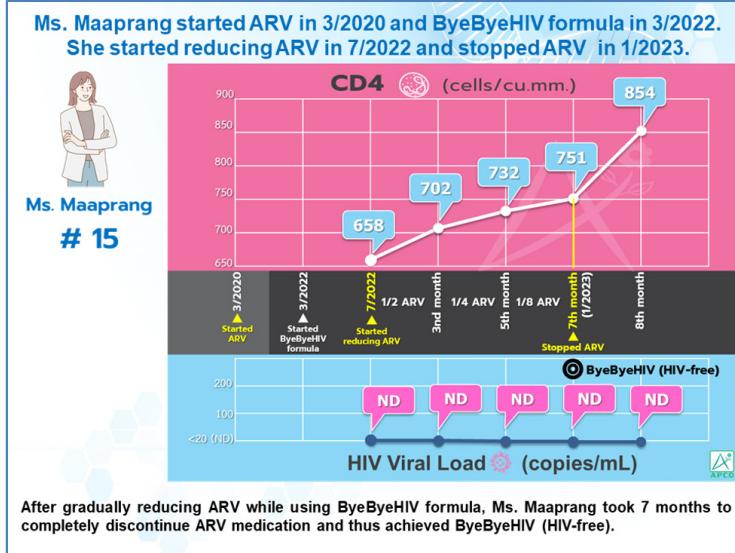


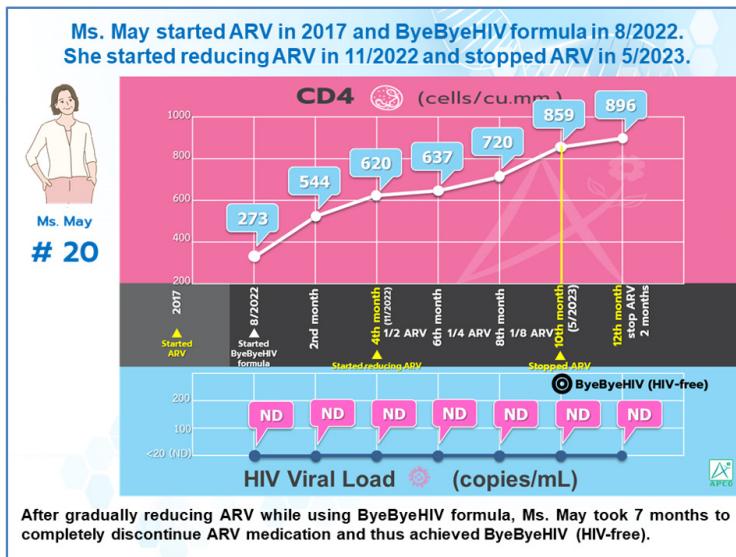
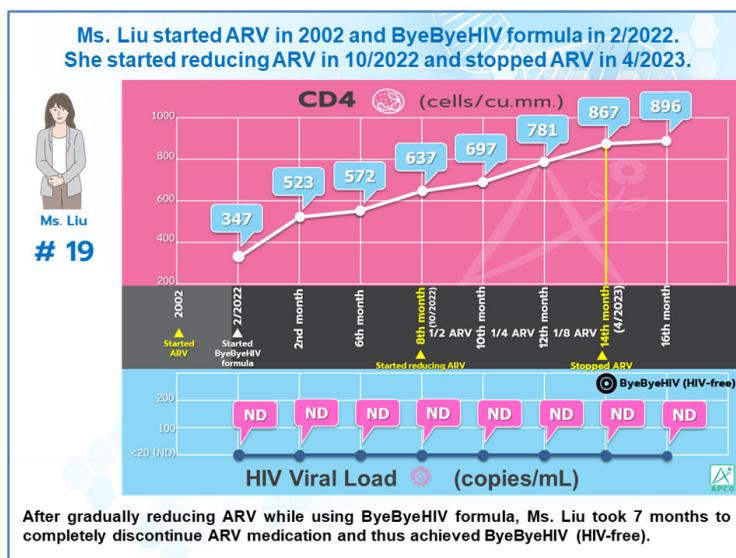
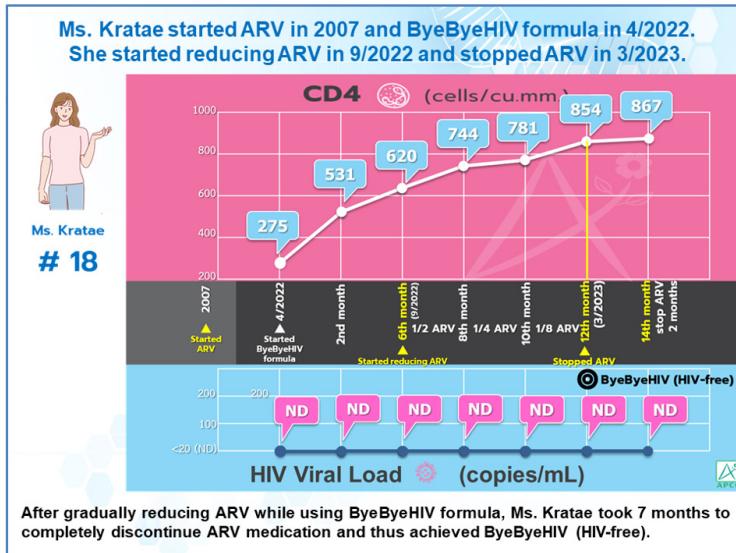


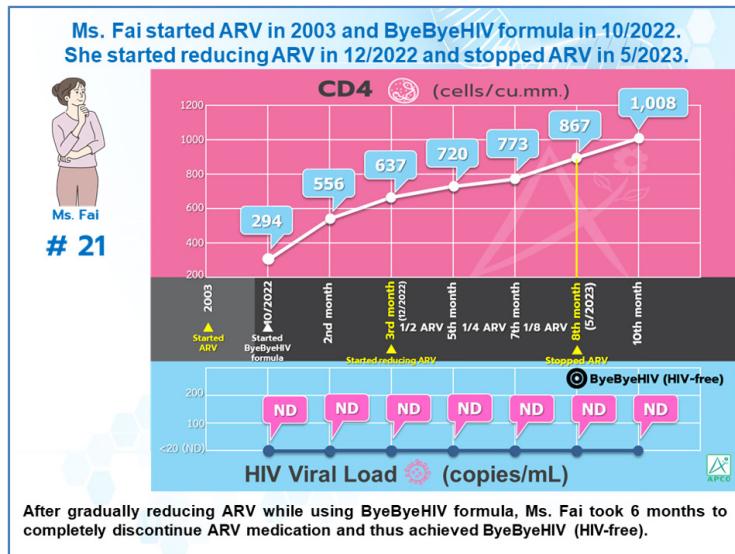




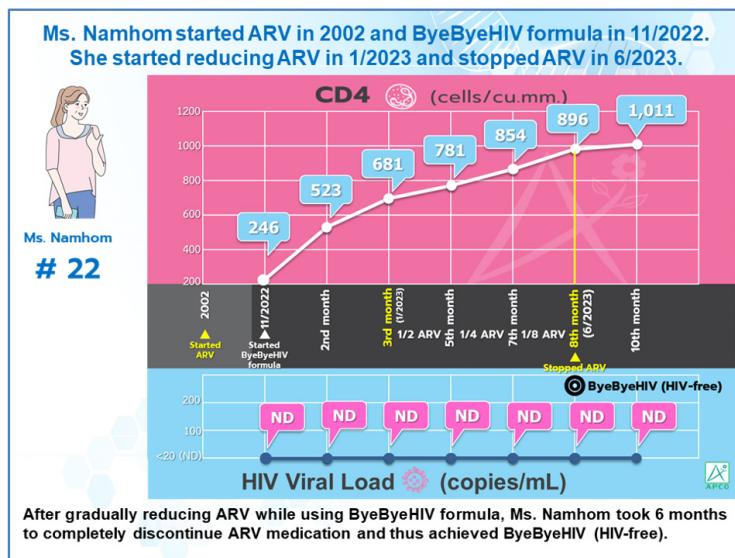




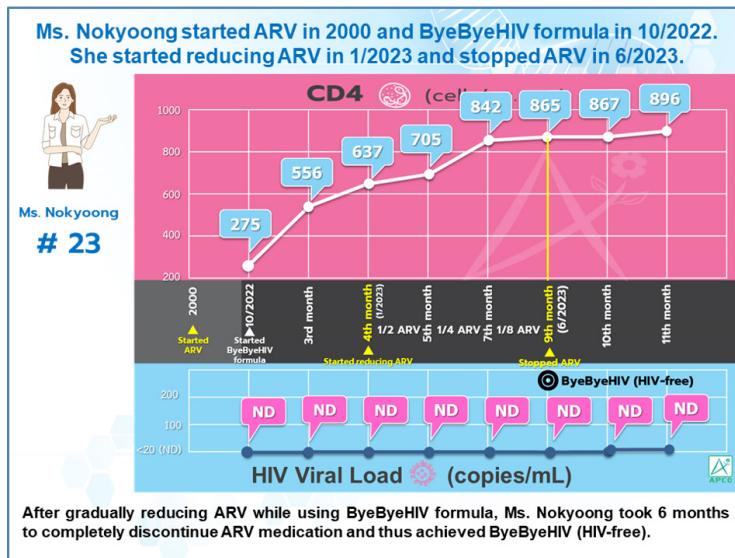




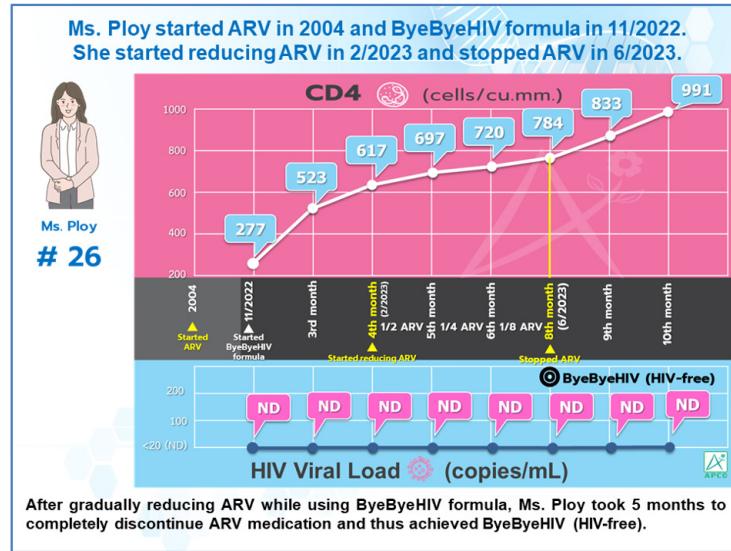
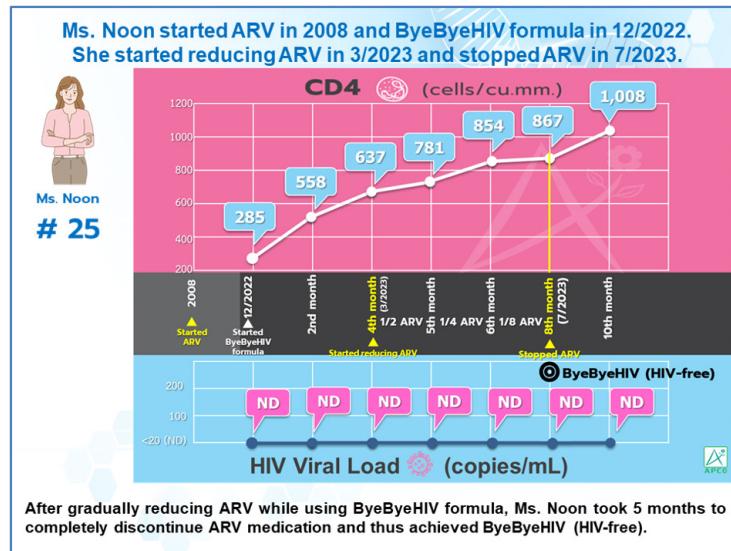
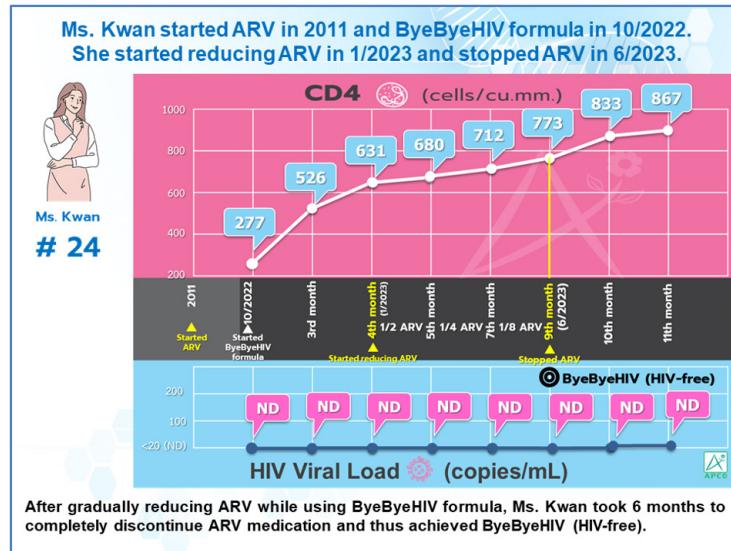
After gradually reducing ARV while using ByeByeHIV formula, Ms. Fai took 6 months to completely discontinue ARV medication and thus achieved ByeByeHIV (HIV-free).

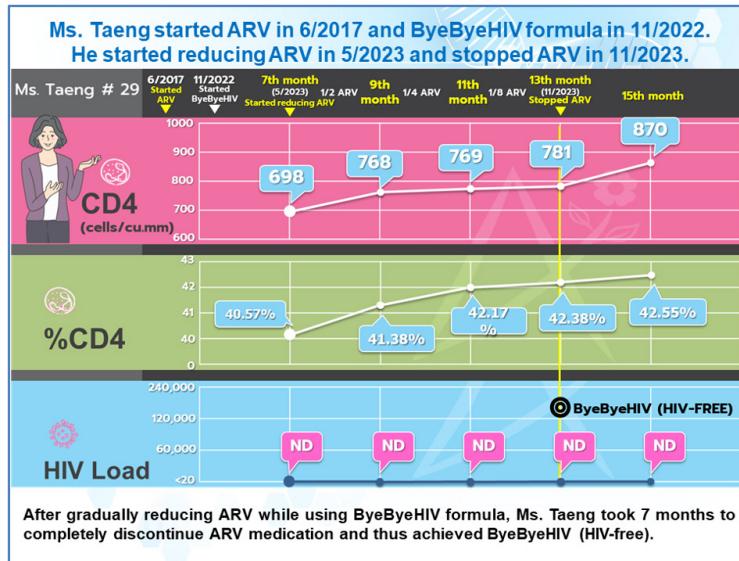
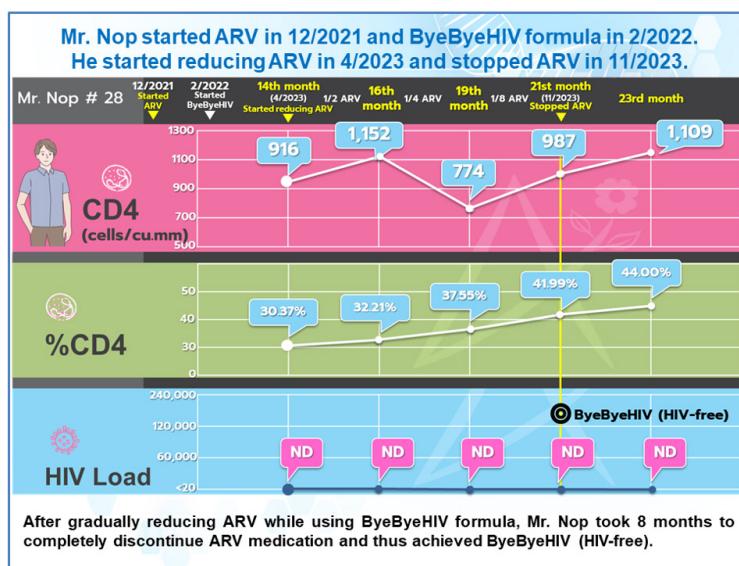
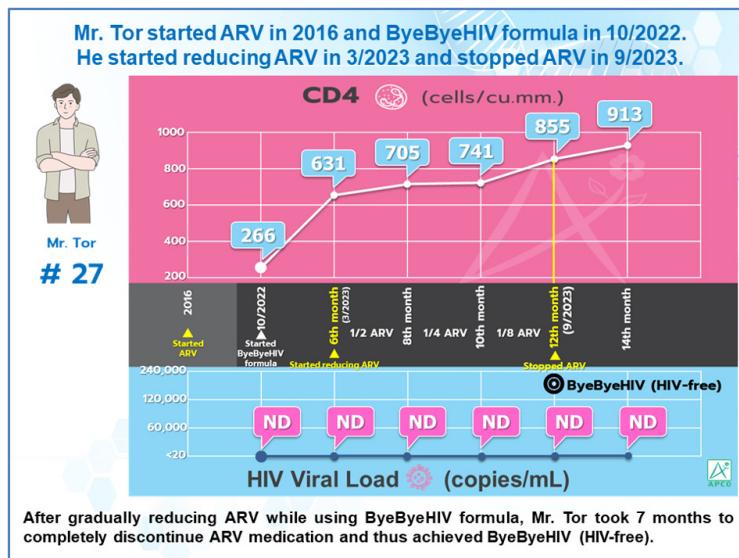


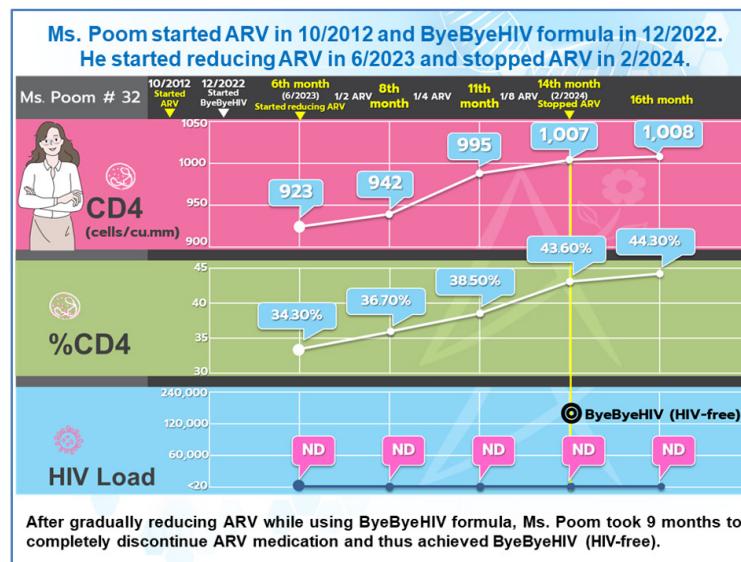
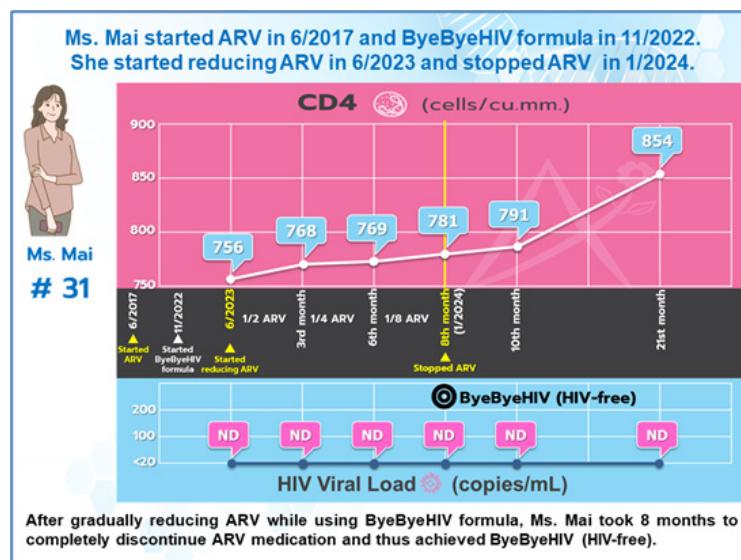
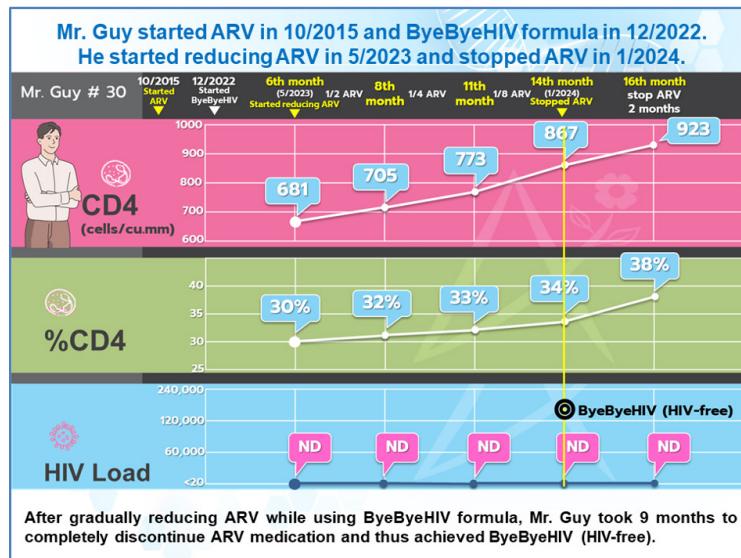
After gradually reducing ARV while using ByeByeHIV formula, Ms. Namhom took 6 months to completely discontinue ARV medication and thus achieved ByeByeHIV (HIV-free).

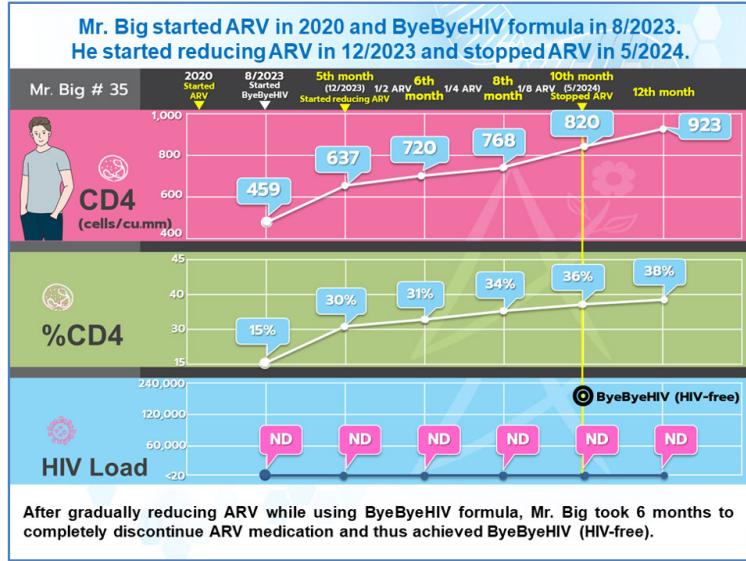
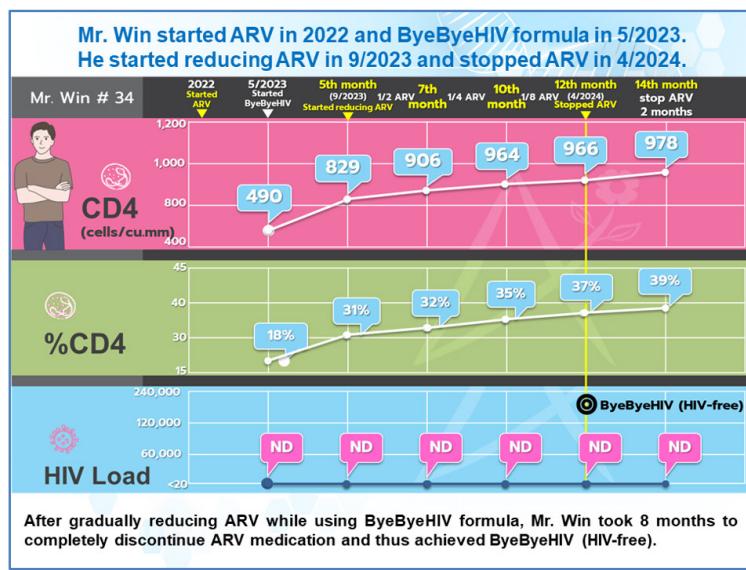
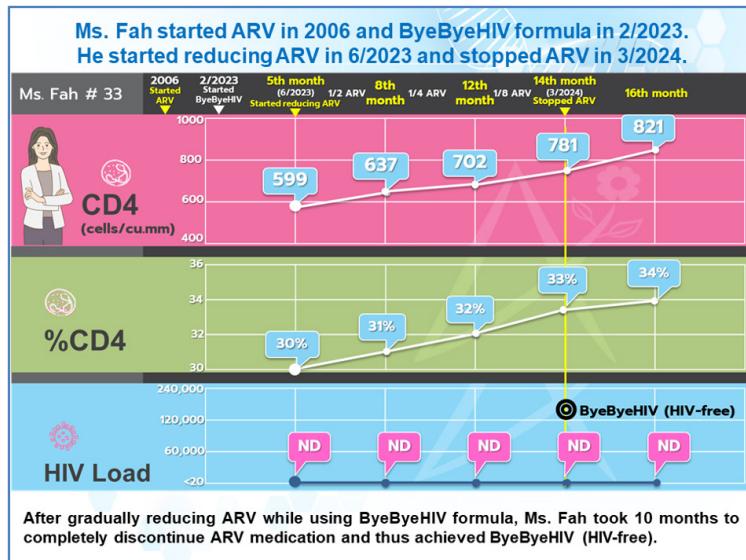


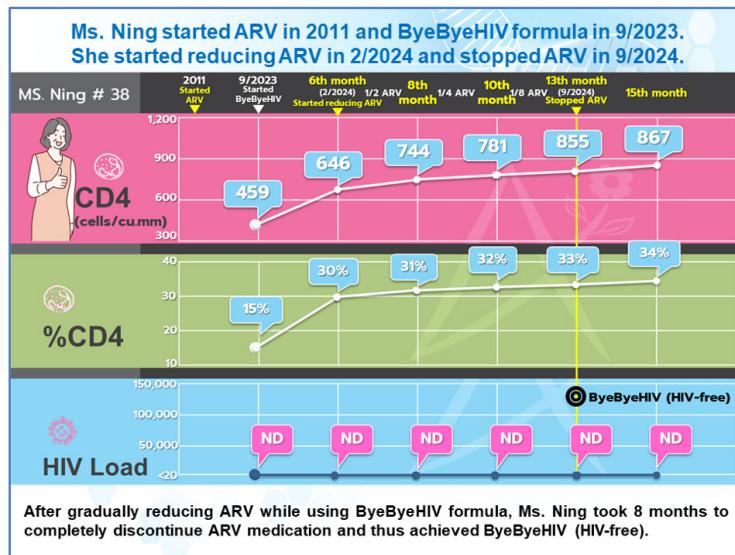
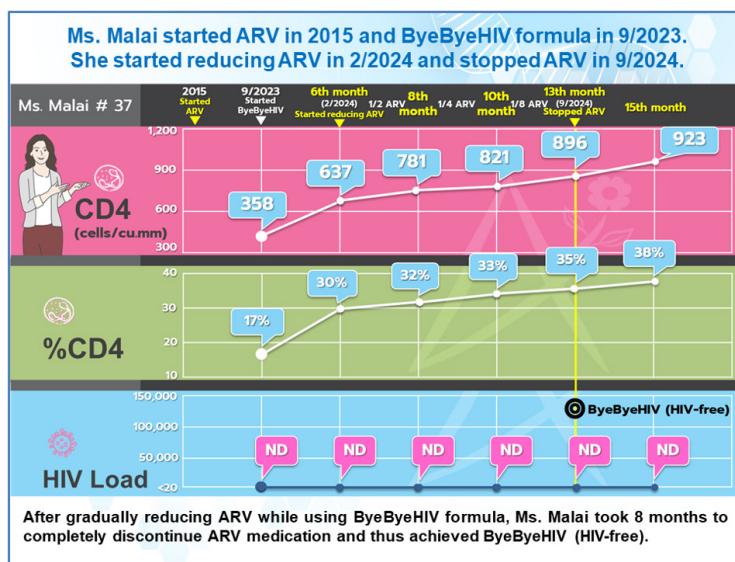
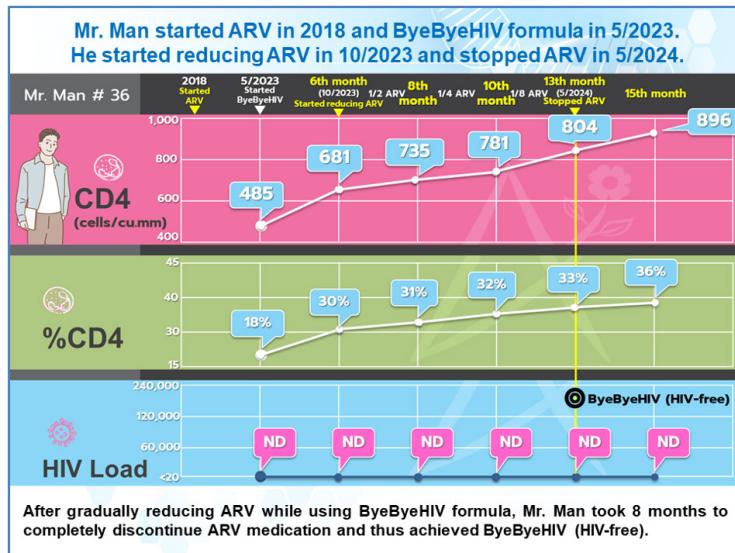
After gradually reducing ARV while using ByeByeHIV formula, Ms. Nokyoong took 6 months to completely discontinue ARV medication and thus achieved ByeByeHIV (HIV-free).

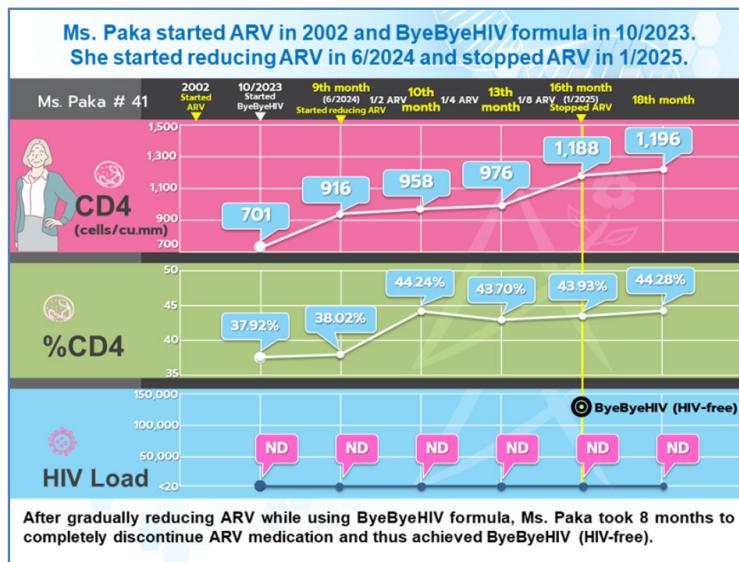
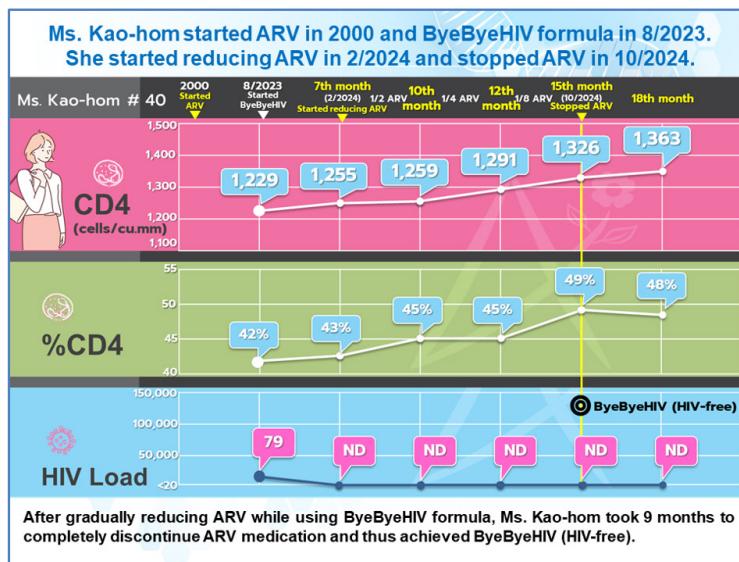
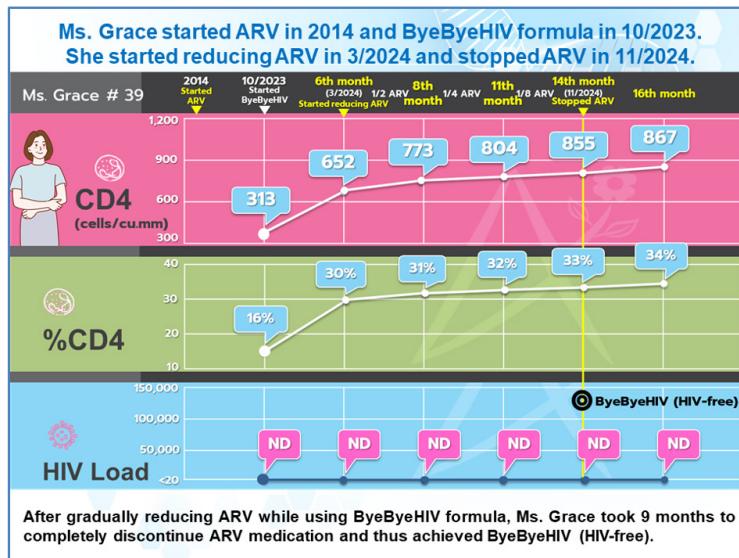


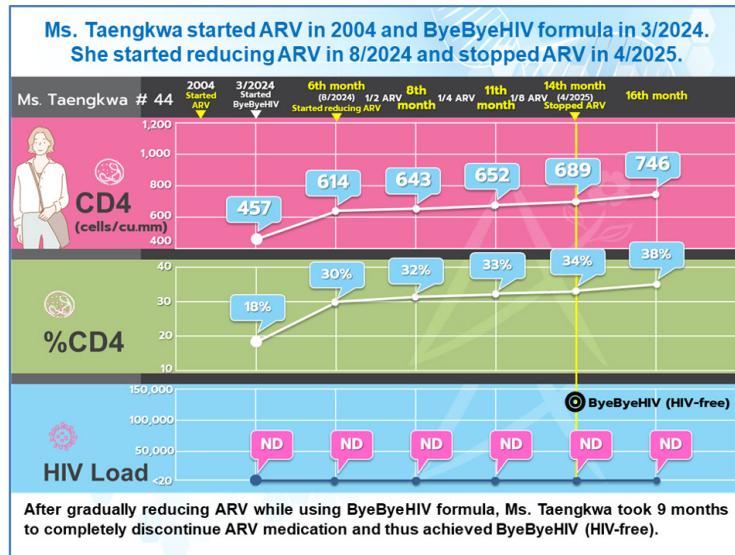
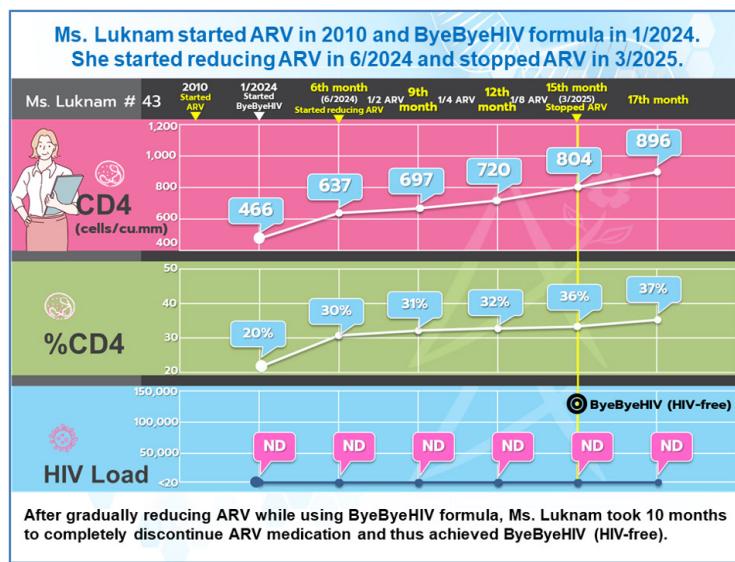
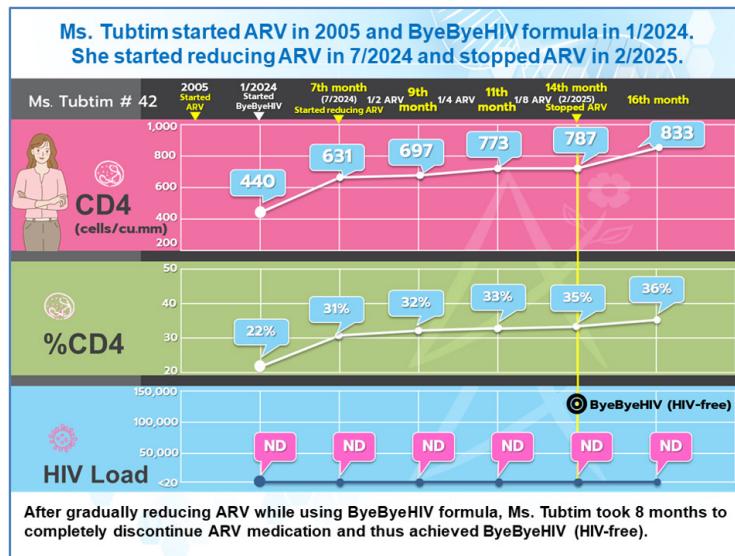


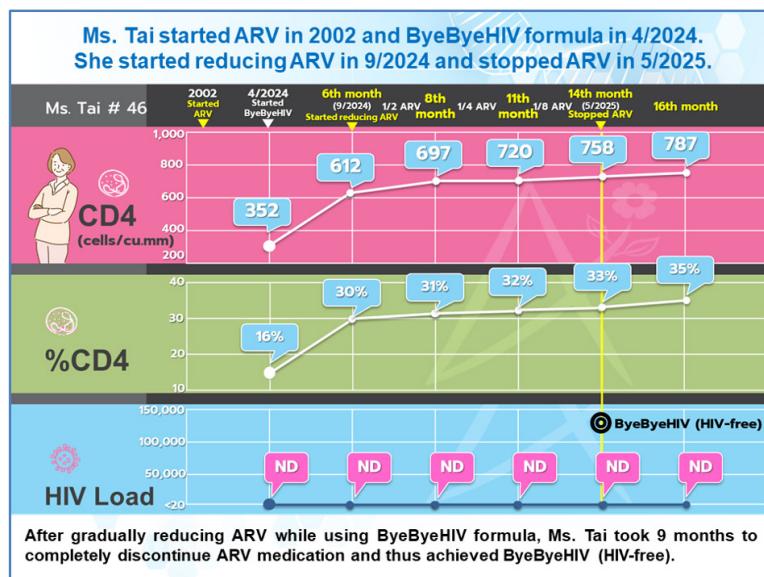
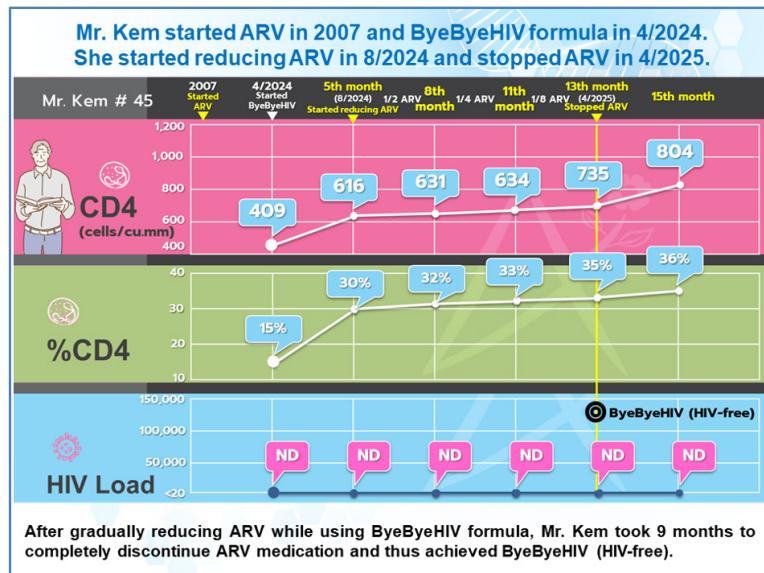












Representative Cases for Group B (ByeByeHIV with Prior Use of Antiretroviral Drugs): Ms. View and Ms. A (Refer to the graphs 'Ms. View #11' and 'Ms. A #9' above)

Ms. View has achieved ByeByeHIV and has chosen to reveal her identity to demonstrate the authenticity of her success and to encourage other HIV-infected individuals to achieve the same success.

Ms. A, who has additional complications from advanced-stage cancer in the brain, abdomen, and spine, has also achieved ByeByeHIV and has chosen to reveal her identity to demonstrate the authenticity of her success and to inspire others living with HIV to achieve the same success.

They currently work as counselors and mentors to those seeking to

achieve ByeByeHIV. They play an important role in accelerating efforts to reduce the number of people living with HIV/AIDS, a key component of the global initiative to eradicate the disease.

ByeByeHIV for Ms. View with Prior Use of Antiretroviral Drugs (Case No. 11)

- Ms. View was diagnosed with HIV in 2016 and was infected for 7 years.
- She was previously at the advanced stage of the infection, with a CD4 count of only 72 cells/cu.mm. She also had opportunistic infections, namely a lung infection and lymph node tuberculosis. She used antiretroviral drugs for slightly over 6 years, suffering from severe side effects throughout the period.
- After using the ByeByeHIV immunotherapy for 3 months, her CD4 count increased to 372 cells/cu.mm and her tests showed no detection of the virus while she also recovered from the

opportunistic infections as well as becoming free of side effects from the use of antiretroviral drugs.

Ms. View continuously used the ByeByeHIV immunotherapy, which significantly improved her health. She then decided to gradually reduce and eventually stop antiretroviral drugs.

After reducing antiretroviral drug use, her CD4 count increased every month, and continuous tests showed no detection of the virus. She enjoyed good health comparable to that of an ordinary person.

The test results after she completely stopped the ARV showed no detectable HIV and a CD4 count of 697 cells/cu.mm with her remaining in good health. Thus, she achieved ByeByeHIV (HIV-free) 12 months from the time she began reducing antiretroviral drugs while taking the ByeByeHIV formula.

Before reducing antiretroviral drugs

CD4 = 625 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 copies/ mL).

After reducing antiretroviral drugs to 1/2 for 5 months: CD4 = 643 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/ mL).

After reducing antiretroviral drugs to 1/4 for 4 months: CD4 = 656 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/mL).

After reducing antiretroviral drugs to 1/8 for 3 months, she discontinued antiretroviral drugs completely and her test results showed: CD4 = 697 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/mL). **Thus, she achieved ByeByeHIV (HIV-free).**

ByeByeHIV for Ms. A with Prior Use of Antiretroviral Drugs (Case No. 9)

Ms. A was infected with HIV for 28 years. **Her CD4 count was as low as 16 cells/cu.mm, considered the last stage of AIDS, with advanced-stage cancer in the brain, abdomen, and spine, rendering her bedridden. The doctor informed her that she might have less than 3 months to live. She declined chemotherapy and radiation therapy due to concerns about further deterioration of her body.**

After using the ByeByeHIV immunotherapy for only 8 months, her ability to walk and move returned to normal, and she was able to resume work. Her CD4 count increased to 250 cells/cu.mm, and the cancer cells in all locations did not metastasize.

Ms. A continuously used the ByeByeHIV immunotherapy, which significantly improved her health. She then decided to gradually reduce and stop antiretroviral drugs in 8 months and achieved ByeByeHIV (HIV-free) in December 2022.

It is noteworthy that during her annual cancer checkups over the past ten years, the doctor has informed her that there is no longer any concern regarding her cancer.

This demonstrates the efficacy of killer T cells stimulated by the ByeByeHIV formula in eliminating both HIV infection and cancer.

Before reducing antiretroviral drugs

CD4 = 620 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 copies/ mL).

After reducing antiretroviral drugs to 1/2 for 4 months: CD4 = 643 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/ mL).

After reducing antiretroviral drugs to 1/4 for 2 months: CD4 = 659 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/ mL).

After reducing antiretroviral drugs to 1/8 for 2 months, she discontinued antiretroviral drugs completely and her test results showed: CD4 = 732 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/ mL). **Thus, she achieved ByeByeHIV (HIV-free).**

The doctor has informed her that there is no longer any concern regarding her cancer.

Standard ByeByeHIV procedure to treat HIV-infected individuals who have taken antiretroviral drugs (Group B)

Step 1: Test for HIV viral load, CD4 count and CD4%.

Step 2: Take 3-4 capsules half an hour before meals, totaling 9-12 capsules per day for 6 months or until HIV is not detected, CD4 is over 600 cells/cu.mm, and CD4% is over 30%.

Step 3: While still taking the same number of capsules, start reducing the use of antiretroviral drugs.

2.1 Reduce antiretroviral drugs to $\frac{1}{2}$ of the usual dosage for 2 months. Test for CD4 count, CD4% and HIV viral load. If the results are better than those in Step 2, proceed to 3.2.

2.2 Reduce antiretroviral drugs to $\frac{1}{4}$ of the usual dosage for 2 months. Test for CD4 count, CD4% and HIV viral load. If the results are better than those in 3.1, proceed to 3.3.

2.3 Reduce antiretroviral drugs to $\frac{1}{8}$ of the usual dosage for 2 months. Test for CD4 count, CD4% and HIV viral load. If the results are better than those in 3.2, proceed to 3.4.

2.4 Discontinue antiretroviral drugs for 2 months and test for CD4 count, CD4% and HIV viral load. If the results are still better than 3.3, it shows that the individual has achieved ByeByeHIV.

Step 4: Gradually reduce the number of capsules.

In the first month, reduce to 2-3 capsules, half an hour before meals, totaling 6-9 capsules a day. In the second month, take 2 capsules half an hour before breakfast and dinner, totaling 4 capsules a day. Then in the following months, reduce to 1 capsule half an hour before breakfast and dinner, totaling 2 capsules a day to maintain sufficient immunity at all times and, eventually, discontinue taking the capsules.

All volunteers agreed to the conditions that they engage in regular exercise and refrain from consuming alcohol or a diet high in sugar. They were advised to get sufficient sleep, about eight hours per day.

Scientific Mechanism

Fortified Mangosteen Extract works by stimulating stem cells in the bone marrow, which then replenish and replace deteriorated cells. Two types of stem cells, hematopoietic stem cell (HSC) and mesenchymal stem cell (MSC), are involved.

Blood tests in volunteers showed a significant increase in stem cells, especially HSCs, which rose from 987 to 1,975 cells/mL in circulation. These HSCs were activated to differentiate into CD4 (mainly Th1 and Th17) and CD8 (killer T cells) by specific components in Fortified Mangosteen Extract [4].

These killer T cells selectively eliminate HIV-infected cells. Once all HIV-infected cells are eliminated, the killer T cells complete their role and transition into memory T cells, which remain in the body and alert the immune system to tackle any return of HIV-infected cells.

Anti-retroviral drugs cause various side effects by damaging bone marrow and inhibiting the restoration of telomeres. Fortified Mangosteen Extract restores bone marrow activity and elongates telomeres, thereby eliminating the side effects caused by the use of antiretroviral drugs and providing additional health benefits of anti-aging and age-reversal [5].

Conclusion

The ByeByeHIV formula, a plant-based immunotherapy, represents a groundbreaking innovation that enables HIV-infected individuals to achieve undetectable HIV levels without relying on antiretroviral drugs that come with severe side effects. The formula, a synergistic mixture of extracts from mangosteen, black sesame, soy, guava, and *Centella asiatica*, is approved by the Thai FDA as a dietary supplement under the name BIM V, LIV, Mylife, and NOVIR. It enhances immune function by stimulating Th1 and Th17 cells, boosting killer T-cell activity, and repairing telomere damage caused by HIV infection and antiretroviral therapy. The ByeByeHIV formula has demonstrated remarkable efficacy in restoring immune function and eliminating HIV, thereby improving overall health and resulting in a cure that eradicates HIV.

In the article “*ByeByeHIV with Thai Innovation*” [1], published on February 25, 2024, we reported the success of using the ByeByeHIV innovation to achieve ByeByeHIV, a condition of undetectable HIV with good health, without the use of any antiretroviral drugs. The success was observed in two groups: the first group comprised 24 HIV-infected individuals who had never used antiretroviral drugs (Group A), and the second group consisted of 26 individuals who were previously infected with HIV and had used antiretroviral drugs (Group B).

In the articles “*ByeByeHIV with Plant-Based Immunotherapy: Progress Update on 40 Cases without the Use of ARV Drugs (Group A)*” [2], published on February 25, 2025, and “*ByeByeHIV with Plant-Based Immunotherapy: Progress Update on 40 Cases with Prior Use of ARV Drugs (Group B)*” [3], published on April

3, 2025, we reported that, as of December 2024, the number of successful ByeByeHIV cases had increased to 40 individuals in Group A and to 40 individuals in Group B.

In this report, we present an additional 20 cases, bringing the total to 100, along with a deeper understanding that the efficacy of HIV elimination results from the action of stem cells stimulated by the ByeByeHIV formula, which further differentiate into large numbers of CD4 (Th1 and Th17) and CD8 (killer T cells) [6]. This increase in immune cells enables the body to completely eliminate HIV.

For Group A, the results reported in this article show that all 54 HIV-infected volunteers who had never used antiretroviral drugs achieved ByeByeHIV, a condition of undetectable HIV with good health, without the use of any antiretroviral therapy. The first volunteer has enjoyed over 10 years of undetectable HIV, demonstrating the remarkable success of the ByeByeHIV immunotherapy. A representative case, Mr. Din, who was diagnosed with HIV in 2019 and began using the ByeByeHIV formula with a CD4 count of 4 cells/cu.mm and a viral load of 2,532,199 copies/mL, achieved undetectable HIV and a CD count of 522 cells/cu.mm within 11 months.

For Group B, the results reported in this article show that all 46 HIV-infected volunteers who were undergoing antiretroviral treatment achieved a condition of undetectable HIV with good health after using the ByeByeHIV formula while continuing their antiretroviral treatment. After their blood test results were “Not Detected” (ND) for viral load and their CD4 counts exceeded 500 cells/cu.mm, they gradually reduced antiretroviral therapy until discontinuing it completely. The longest recorded period of undetectable viral load in this group is nearly 5 years after discontinuation of antiretroviral drugs. Two representative cases, Ms. View and Ms. A, who were diagnosed with HIV, began using the ByeByeHIV formula, achieved undetectable HIV, and thereafter gradually reduced antiretroviral treatment until stopping it completely.

The results reported in this article underscore the effectiveness of the ByeByeHIV formula as a therapy for two groups of individuals living with HIV: those who have never used antiretroviral drugs and those wishing to discontinue their use. The ByeByeHIV formula therefore offers hope for individuals seeking an effective and sustainable solution without the harsh side effects of antiretroviral therapy. **The ByeByeHIV innovation marks a significant milestone in the global fight against HIV/AIDS to achieve a cure that eradicates HIV.**

In our earlier reports, we waited until 15 volunteers in Group A and 15 in Group B had discontinued the ByeByeHIV formula for a period of time while remaining in good health before declaring that these 30 volunteers had become HIV-free [2,3]. However, as our understanding of the mode of action of the ByeByeHIV formula in eliminating HIV has improved, and having observed

the formula's consistent efficacy over the past ten years, we now believe that, after using the ByeByeHIV formula, all volunteers in Groups A and B achieved the HIV-free condition of ByeByeHIV once the following criteria were met:

1. HIV was undetectable ("Not Detected") for a prolonged period with no recurrence of infection;
2. CD4 counts exceeded 500 cells/cu.mm; and
3. Volunteers were in good health, comparable to that of normal individuals.

Since it was more prudent for the 46 volunteers in Group B to gradually reduce their use of antiretroviral medication before eventually discontinuing it, we waited until they had completely stopped taking antiretroviral drugs before declaring that they had achieved ByeByeHIV and, at the same time, had become HIV-free. Continued use of the ByeByeHIV formula by some volunteers in both groups was simply to maintain their immunity and support overall good health.

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